

Harvest Bristol Delivery Pricelist

Printed on: #####

Prices are correct at time of printing but can change without notification

Price per unit or Kilo if Bulk

BABY & CHILD

60791	BABY NEUTRAL HAIR BODY SHAMPOO - LAVERA	£8.99
60794	BABY NEUTRAL NAPPY CREAM - LAVERA	£8.45
T059P	BABY WIPES ORGANIC COTTON - NATRACARE	£3.95
HS880781	BEDTIME BUBBLE BATH MILD-ORG- MUMMA LOVE	£4.99
X613P	BUBBLE BATH (ORG) - BEAMING BABY	£6.45
WEL088	CALENDULA NAPPY CREAM	£7.20
G45113	COTTON PATCHES FOR KIDS -ORG- ORGANII	£3.95
X640P	DEGRADABLE NAPPY SACKS - BEAMING BABY	£2.99
X379P	JUNIOR NAPPIES - BEAMING BABY	£13.99
X377P	MAXI NAPPIES - BEAMING BABY	£12.99
X378P	MAXI PLUS NAPPIES - BEAMING BABY	£14.45
X376P	MIDI NAPPIES - BEAMING BABY	£12.99
X375P	MINI NAPPIES - BEAMING BABY	£5.98
ENV030	TOOTHBRUSH ENVIRONMENTAL CHILD	£2.99
KVV030	VITAL VITS KIDS MULTI 30S HIGHER NATURE	£8.39

BODY PRODUCTS

T665P	1N BLACK - HERBATINT	£9.45
T666P	2N BROWN - HERBATINT	£9.49
T727P	3N DARK CHESTNUT - HERBATINT	£9.49
T670P	4N CHESTNUT- HERBATINT	£9.49
T675P	5N LIGHT CHESTNUT HERBATINT	£9.50
T677P	6D DARK GOLDEN BLONDE- HERBATINT	£8.85
T678P	6N DARK BLONDE - HERBATINT	£10.08
T679P	7D GOLDEN BLONDE HAIR DYE- HERBATINT	£9.49
T684P	8N LIGHT BLONDE- HERBATINT	£8.85
G11103	AFTER SUN CREAM 50ML -ORG- ORGANII	£3.50
T150P	ALMOND SOAP (ROUND) - RAMPAL LATOU	£3.85
WEL144	ALMOND SOOTHING FACIAL LOTION - WELEDA	£17.95
GP414	ALOE CALENDULA AFTER SUN - GREEN PEOPLE	£15.95
G11081	ALOE EUCALYPTUS MOUTHWASH-ORG- ORGANII	£5.59
URT630	ALOE VERA BODY LOTION -ORG- URTEKRAM	£6.99
T671P	ALOE VERA CONDITIONER - FAITH IN NATURE	£5.45
BG27P	ALOE VERA CRYSTAL DEOD - URTEKRAM	£4.85
X756P	ALOE VERA GEL ORG - ALOE PURA	£7.29
T720P	ALOE VERA SHAMPOO - FAITH IN NATURE	£5.75
BG20P	ALOE VERA SHAMPOO - URTEKRAM	£5.29
T060P	ALOE VERA SOAP - FRAGRANCE FREE	£2.00
BG35P	ALOE VERA TOOTHPASTE- URTEKRAM	£2.92

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61389	ANTI AGEING NIGHT CREAM - LAVERA	£16.95
SU-CH012	ANTI-POLLUTION FACIAL MASQUE -SUKIN	£9.99
DRB310	BABY LIQUID SOAP TRAVEL - DR BRONNERS	£2.39
T848P	BAKING SODA TOOTHPASTE - KINGFISHER	£2.85
FLOL	BAMBOO LINERS - FLO	£1.99
FLO	BAMBOO PADS - FLO	£2.49
LV47504	BASIS MOISTURISING CREAM - LAVERA	£11.95
61395	BASIS ALL ROUND CREAM 150ML- LAVERA	£7.95
61398	BASIS CALENDULA DEODORANT - LAVERA	£7.85
61388	BASIS MOISTURISING CREAM Q10 - LAVERA	£14.95
C902P	BATH-TIME LOOFAH - LOOFCO	£3.00
LYONS2	BEAUTY BALM 60ML - LYONSLEAF	£14.99
CBDBITE	BITE NURSE INSECT REPELLENT	£8.00
HS886333	BLACK CUMIN SEED OIL 100ML-ORG- FUSHI	£15.99
LYONS3	BODY BUTTER 120ML - LYONSLEAF	£19.99
SU-LC014	BOTANICAL BODY WASH - SUKIN	£9.95
LYONS1	CALENDULA CREAM 30ML - LYONSLEAF	£10.95
66162	CAMOMILE SHAMPOO - URTEKRAM	£5.35
CST0250	CASTILE SOAP - ORG - AMORA NATURAL	£5.45
YOURNAT1	CEDARWOOD & GRAPEFRUIT DEO YOUR NATURE	£7.95
BG36P	CHAMOMILE CONDITIONER - URTEKRAM	£4.39
T461P	CHAMOMILE EYE & FACE CREAM - HEAVENLY	£10.99
CFW0050	CHAMOMILE FLOWER WATER SPRAY 50ML- AMOUR	£2.30
T116P	CHARCOAL W/ FLUORIDE - THE HUMBLE CO.	£3.75
GP424	CHILDREN SUN LOT SPF30- GREEN PEOPLE	£18.50
GP310	CITRUS & ALOE TOOTHPASTE -ORG- GREEN PPL	£4.75
61385	CLEANSING MILK 2 IN 1 - LAVERA	£8.95
T223P	COCO BEAN & HEMP SEED MOISTURISER - YAOH	£7.00
T300P	COCONUT & SHEA SHAMPOO BAR - FAITH	£5.79
T253P	COCONUT + ARGAN OIL HAND WASH - ALT/NAT	£4.25
URT880	COCONUT BODY LOTION - URTEKRAM	£6.99
T351P	COCONUT CONDITIONER - FAITH IN NATURE	£5.45
URT860	COCONUT CONDITIONER -ORG- URTEKRAM	£4.99
URT272	COCONUT CREAM DEO - URTEKRAM	£4.89
T354P	COCONUT SHAMPOO - FAITH IN NATURE	£5.45
URT850	COCONUT SHAMPOO -ORG- URTEKRAM	£5.65
URT870	COCONUT SHOWER GEL -ORG- URTEKRAM	£4.99
SU-017COFF	COFFEE + COCONUT SCRUB - SUKIN	£9.99
T093P	CONDITIONER BAR - LAVENDER & GERANIUM	£4.95
T100P	CONDITIONER BAR - LAVENDER & TEA TREE	£4.95
BBALM2	COOL ROSE - BODY BALM	£12.00
ROSEDEO	COOL ROSE - DEODORANT	£12.00

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HBALM1	COOL ROSE - HAND BALM	£8.99
X095P	COTTON BUDS ORGANIC- SIMPLY GENTLE	£2.48
X094P	COTTON PLEAT ORG - SIMPLY GENTLE	£2.25
X092P	COTTON WOOL PADS ORGANIC- SIMPLY GENTLE	£2.39
X709P	CURVED PANTY LINERS- NATRACARE	£1.79
KIN0044	DANDRUFF RELIEF SHAMPOO - JASON	£10.45
R00994	DAY PADS - ORGANYC	£3.85
T232P	DENTAL FLOSS FRESH MINT - THE HUMBLE CO.	£2.95
SU-SG0005	DETOXIFYING FACIAL SCRUB SG - SUKIN	£9.99
BBALM1	EARTH SPICE - BODY BALM	£12.00
HBALM2	EARTH SPICE - HAND BALM	£8.99
HS875369	EPSOM SALT - WESTLAB	£4.75
BG34P	EUCALYPTUS TOOTHPASTE- URTEKRAM	£3.25
AN27	EVENING PRIMROSE OIL -ORG- 10ML AMOUR	£3.95
LYONS6	FACE & BODY SKINCARE SET - LYONSLEAF	£14.99
T239P	FACE MASK REUSABLE - HUMBLE CO.	£3.99
SU-007	FACIAL MOISTURISER PUMP - SUKIN	£7.95
G11102	FACIAL SUN CREAM ANTI AGE 15 SPF-ORGANII	£14.89
RAW110	FACIAL WIPES ALOE & GREEN TEA - RAWGANIC	£3.50
RAW120	FACIAL WIPES POM & ALOE - RAWGANIC	£3.50
T352P	FAITH IN NATURE - COCONUT SHOWER & BATH	£5.75
GP300	FENNEL & PROP TOOTHPASTE -ORG- GREEN PPL	£4.49
T790P	FENNEL/ FLUOR FREE (PURPLE-LGE)-KINGFISH	£2.85
T767P	FENNEL+FLUOR (RED - LGE) - KINGFISHER	£2.85
T689P	FF1 FLASH HENNA RED - HERBATINT	£9.49
T039P	FF6 ORANGE FLASH COLOUR - HERBATINT	£9.49
T230P	FLOSS PICKS - THE HUMBLE CO.	£4.95
T735P	FOAM BATH ALOE VERA - FAITH	£5.79
SU-003	FOAMING FACIAL CLEANSER PUMP - SUKIN	£7.95
KIN0059	FRAGRANCE FREE ALOE B5 SHAMPOO - JASON	£7.85
T115P	FRESH MINT W/ FLUORIDE - THE HUMBLE CO.	£3.75
61992	FRESHNESS & BALANCE SHAMPOO LAVERA	£6.95
G11071	GENTLE HAND CREAM 75ML-ORG - ORGANII	£2.95
AN53	GLYCERINE 50ML- AMOUR NATURAL	£2.45
T163P	GRAPEFRUIT + ORANGE HAND WASH - FAITH	£4.35
T247P	GREEN MATCHA HAND CREAM	£4.25
T241P	GREEN MATCHA SHAMPOO URTEKRAM	£4.99
G11072	HAND & NAIL CREAM 75ML-ORG - ORGANII	£2.95
T231P	HEMP & GREEN TEA SOAP - FAITH IN NATURE	£1.51
T203P	HEMP AND MEADOW COND - FAITH IN NATURE	£5.45
T189P	HEMP AND MEADOW SHAMP - FAITH IN NATURE	£5.45
T284P	HEMP CONDITIONER - YAOH	£5.90

T287P	HEMP LIP BALM(VARIOUS)-YAOH	£2.95
T292P	HEMP SEED BODY LOTION PAPAYA - YAOH	£7.95
T285P	HEMP SEED OIL CREAM ORIGINAL (ORG) YAOH	£7.00
T283P	HEMP SHAMPOO - YAOH	£5.99
T288P	HEMP SHOWER GEL-YAOH	£5.99
T294P	HEMP SUN LOTION SPF15 - YAOH	£9.85
T295P	HEMP SUN LOTION SPF30 - YAOH	£9.85
H597D	HENNA (RED)	£6.90
T151P	HONEY SOAP (RECTANGLE) - A BASE DE MIEL	£3.85
NEVE3	HONEY VANILLA - BEESWAX LIP BALM	£4.35
SU-006	HYDRATING MIST TONER - SUKIN	£7.95
R003055	INTIMATE WASH W/ CHAMOMILE - ORGANYC	£7.35
WEL133	IRIS FACIAL LOTION - WELEDA	£17.95
A078P	IRIS FACIAL TONER - WELEDA	£7.95
0204	JASON VITAMIN E	£7.49
T734P	JOJOBA CONDITIONER - FAITH IN NATURE	£5.45
T722P	JOJOBA SHAMPOO- FAITH IN NATURE	£5.79
KIN0006	JOJOBA STRONG + HEALTHY COND - JASON	£6.99
KIN0005	JOJOBA STRONG + HEALTHY SHAMPOO - JASON	£6.99
KIN130	KINGFISHER BAKING STRAWBERRY TOOTHPASTE	£2.59
YOURNAT4	LAV & BER DEO YOUR NATURE	£7.95
NEVE2	LAVENDER - BEESWAX LIP BALM	£4.35
DRB650	LAVENDER & COCONUT LOTION - DR BRONNERS	£11.00
T731P	LAVENDER & GERANIUM CONDITIONER - FAITH	£5.45
T744P	LAVENDER & GERANIUM SHAMPOO - FAITH	£5.79
T302P	LAVENDER & GERANIUM SHAMPOO BAR - FAITH	£5.79
NEVE1	LAVENDER + LEMON - BEESWAX HAND SALVE	£8.49
T462P	LAVENDER EYE & FACE CREAM - HEAVENLY	£10.99
T424P	LAVENDER FLOWER SOAP RAMPAL LATOU	£3.89
AN51	LAVENDER WATER SPRAY 50ML- AMOUR	£2.95
YOURNAT3	LEMON & M. CHANG DEO YOUR NATURE	£7.95
X003P	LIGHT INCONTINENCE PADS- NATRACARE	£3.99
DRB100	LIQ SOAP LAVENDER TRAVEL - DR BRONNERS	£2.50
DRB180	LIQ SOAP TEA TREE TRAVEL - DR BRONNERS	£2.39
T106P	LIQUID HANDWASH FRAGRANCE FREE - BIO D	£3.95
DRB140	LIQUID SOAP PEPPERMINT-ORG- DR BRONNERS	£8.25
T819P	LIQUID SOAP TEA TREE 237ML DR BRONNERS	£7.69
LYONS4	MARSHMALLOW FACIAL OIL - LYONSLEAF	£17.99
61724	MATTIFYING BALANCING CREAM - LAVERA	£12.95
X710P	MAXI REGULAR PADS - NATRACARE	£2.35
Y0004	MEDIUM NYLON BRUSH HEADS X4- YAWECO	£5.45
Y0003	MEDIUM NYLON TOOTHBRUSH- YAWECO	£3.25

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LV60586	MEN SENSITIV SHAVING FOAM - LAVERA	£6.95
60924	MINI ALL ROUND CREAM 25ML- LAVERA	£2.50
T759P	MINT TOOTHPASTE W/ FLOURIDE - KINGFISHER	£2.85
T768P	MINT TPASTE FLUOR-FREE GREEN - KINGFISHE	£2.85
X036P	MOONCUP SIZE A	£21.99
X037P	MOONCUP SIZE B	£21.99
LYONS7	MUM & BABY SKINCARE KIT - LYONSLEAF	£24.99
LYONS5	MUSLIN FACE CLOTH - LYONSLEAF	£1.99
MUTSHAV	MUTINY SHAVING KIT FULL	£27.50
MUTMINI	MUTINY SHAVING KIT MINI	£18.50
SU-045	NATURAL BALANCE CONDITIONER 500ML -SUKIN	£7.99
SU-044	NATURAL BALANCE SHAMPOO 500ML -SUKIN	£7.99
B09383	NATURAL CLASSIC LIP BALM - BENECOS	£2.95
T119P	NATURAL CRYSTAL DEO - SALT OF THE EARTH	£4.85
B03969	NATURAL RASPBERRY LIP BALM - BENECOS	£2.95
R00993	NIGHT PADS - ORGANYC	£3.85
CBDNO	NIGHT TIME FOOT OIL - CBD BRISTOL	£15.00
URT530	NO PERFUME BODY LOTION - URTEKRAM	£6.99
BG29P	NO PERFUME CRYSTAL DEOD - URTEKRAM	£4.85
BG19P	NO PERFUME SHAMPOO - URTEKRAM	£5.65
SU-CH003	OIL BALANCING + CHARCOAL GEL - SUKIN	£9.99
SU-CH005	OIL BALANCING + CHARCOAL SCRUB - SUKIN	£9.99
T742P	OLIVE OIL SOAP - SAVON	£7.85
DRB350	ORANGE GINGER LIP BALM - DR BRONNERS	£3.50
F85310	ORIGINAL CONDOMS - FAIR SQUARED	£9.95
R00995	PANTY LINERS - ORGANYC	£3.85
X706P	PANTY LINERS MINI - NATRACARE	£1.75
X028P	PANTY LINERS ULTRA THIN -ORG- NATRACARE	£2.19
T064P	PATCHOULI & SANDALWOOD SOAP	£2.00
LBALM1	PEPPER MINTY - LIP BALM	£3.99
DRB356	PEPPERMINT LIP BALM - DR BRONNERS	£3.50
GP320	PEPPERMINT TOOTHPASTE -ORG- GREEN PPL	£4.49
F85400	PERIOD CUP SIZE L -FT- FAIR SQUARED	£17.95
F85158	PERIOD CUP SIZE M -FT- FAIR SQUARED	£17.95
X719P	REG APPLICATOR TAMPONS (ORG) - NATRACARE	£2.89
LVR00992	REGULAR TAMPONS 100% COTTON - ORGANYC	£2.89
X367P	REUSABLE CLEANSING PADS 10PK - WHITE	£10.65
RT010	RIO ROSA MOSQUETA OIL	£11.55
BG32P	ROSE BODY LOTION - URTEKRAM	£6.99
BG28P	ROSE CRYSTAL DEODORANT - URTEKRAM	£4.85
T460P	ROSE GERANIUM EYE & FACE CREAM	£10.99
DRB110	ROSE LIQUID SOAP - DR BRONNERS	£8.25

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T255P	ROSE SCENTED SOAP	£2.57
BG24P	ROSE SHAMPOO - URTEKRAM	£4.99
BG30P	ROSE SOAP -ORG- URTEKRAM	£2.05
AN29	ROSE WATER SPRAY 50ML- AMOUR	£3.45
ROSEHIPD	ROSEHIP DAY CREAM - SUKIN	£14.95
ROSEHIPN	ROSEHIP NIGHT CREAM - SUKIN	£14.95
AN25	ROSEHIP SEED MOSQUETA 10ML- ORG- AMOUR	£4.95
AN26	ROSEHIP SEED MOSQUETA 50ML- ORG- AMOUR	£13.95
T730P	ROSEMARY CONDITIONER - FAITH IN NATURE	£5.45
T724P	ROSEMARY SHAMPOO - FAITH IN NATURE	£5.79
SAR020	SARAKAN MOUTHRINSE	£3.69
SAR010	SARAKAN TOOTHPASTE	£2.59
CBDBL	SAVASANA MUSCLE RUB LARGE - CBD BRISTOL	£13.75
0423	SEA FRESH SPEARMINT TOOTHPASTE - JASON	£5.99
0439	SEA FRESH SPERMINT MOUTHWASH- JASON	£7.49
SU-058SE	SENSITIVE CLEANSING GEL - SUKIN	£7.95
SU-059SE	SENSITIVE CLEANSING LOTION PUMP - SUKIN	£7.95
SU-057SE	SENSITIVE FACIAL MOISTURISER PUMP -SUKIN	£7.95
SHADE	SHADE SUNCREAM - NOT THE NORM	£12.95
MOONCBD	SHAKTI MOONTIME CBD BUTTER - CBD BRISTOL	£25.00
T071P	SHAMPOO BAR - LAVENDER & GERANIUM	£2.75
T072P	SHAMPOO BAR - LAVENDER & TEA TREE	£2.75
T301P	SHAMPOO BAR DRAGON FRUIT	£5.45
BLADES	SHARK SHAVING BLADES	£1.95
SU-MENS010	SHAVE GEL FOR MEN 225ML -SUKIN	£4.99
MUTSP	SHAVING SOAP - MUTINY	£4.35
HS881250	SHEA BUTTER 250ML - FUSHI	£12.29
WEL958	SKIN FOOD 75ML - WELEDA	£13.21
T233P	SOAP ALOE & YLANG - FAITH IN NATURE	£1.51
T235P	SOAP LAVENDER LOOSE - FAITH IN NATURE	£1.51
T236P	SOAP ORANGE LOOSE - FAITH IN NATURE	£1.50
MUTT	SOAP TIN - MUTINY	£3.99
Y0002	SOFT NYLON BRUSH HEADS X4- YAWECO	£5.45
Y0001	SOFT NYLON TOOTHBRUSH- YAWECO	£3.25
61951	SOS HAND BALM 50ML -ORG - LAVERA	£6.95
G451585	SUN BABY SOLAR FLUID CREAM 50SPF-ORGANII	£23.95
G11105	SUN CREAM HIGH PROTECTION 30SPF- ORGANII	£21.95
GP422	SUN LOTION SCENT FREE SPF 30 - GREEN PPL	£22.50
GP420	SUN LOTION SPF 15 100ML - GREEN PEOPLE	£14.00
GP418	SUN LOTION SPF 15 NAT TAN - GREEN PEOPLE	£20.95
HS886101	SUN PROTECTION STARTER PACK - GREEN PPL	£14.49
X720P	SUPER APPLICATOR TAMPONS (ORG) - NATRACA	£2.99

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SU-SG005	SUPER GREEN FACIAL MOISTURISER - SUKIN	£9.99
X045P	SUPER PLUS PADS - NATRACARE	£2.39
X705P	SUPER PLUS TAMPONS - NATRACARE	£2.75
BG25P	TEA TREE SHAMPOO - URTEKRAM	£5.25
BG33P	TEA TREE TOOTHPASTE- URTEKRAM	£3.15
ENV010	TOOTHBRUSH ENVIRONMENTAL - SOFT	£3.09
ENV020	TOOTHBRUSH ENVIRONMENTAL MEDIUM	£2.95
X714P	ULTRA PADS W/ WINGS REGULAR - NATRACARE	£2.49
X721P	ULTRA SUPER PADS WITH WINGS - NATRACARE	£2.49
YOURNAT2	UNSCENTED- DEO YOUR NATURE	£7.95
ECO3	WASHABLE CLOTH DAY PAD - ECO FEMME	£8.75
ECO4	WASHABLE CLOTH DAY PAD PLUS - ECO FEMME	£9.25
ECO2	WASHABLE CLOTH NIGHT PAD - ECO FEMME	£9.45
ECO1	WASHABLE CLOTH PANTYLINERS - ECO FEMME	£10.65
T286P	WILD ROSE CONDITIONER - FAITH IN NATURE	£4.63
WEL940	WILD ROSE FACIAL LOTION - WELEDA	£23.50
T289P	WILD ROSE SHAMPOO - FAITH IN NATURE	£5.79
AN30	WITCH HAZEL DISTILLED 100ML- AMOUR	£3.95
LYONS9	ZINC & CALENDULA CREAM 30ML - LYONSLEAF	£10.95

BREAD

AGSO	ANCIENT GRAINS SOURDOUGH - HOBBS HOUSE	£3.75
BRIO	BRIOCHE BUNS VEGAN	£3.75
C273P	BUCKWHEAT & CHIA CRACKERS - RUDE HEALTH	£3.15
BURB	BURGER BUNS - HOBBS HOUSE	£3.20
BC49P	CHEESE OATCAKES GF - NAIRNS	£2.30
C026P	CHICKPEA & LENTIL CRACKERS - RUDE HEALTH	£2.95
B165P	CLASSIC 3 SEED - DR. KARG	£2.45
BD93P	CORN CAKES (ORG) - CLEARSPRING	£1.29
B179P	EMMENTAL + PUMPKIN SEED - DR. KARG	£2.65
FLAT	FLAT BREAD	£2.00
OAT350	GF WHOLEGRAIN CRACKERS (ORG) NAIRNS	£2.10
RUD250	GINGER & TURMERIC OATY - RUDE HEALTH	£2.50
HOGF	GLUTEN FREE GIFT LOAF - HOBBS HOUSE	£4.95
BE11P	GLUTEN FREE OATCAKES - NAIRNS	£2.25
MPIE4	HOBBS BUTTER MINCE PIES - 4 PACK	£3.99
MPIE6	HOBBS BUTTER MINCE PIES - 6 PACK	£4.99
GFMPIE	HOBBS GLUTEN FREE MINCE PIES - 6 PACK	£5.99
HOXB	HOT CROSS BUNS X 6 - HOBBS	£3.39
HORL	LIGHT RYE SOURDOUGH LARGE	£3.99
HORS	LIGHT RYE SOURDOUGH SMALL	£2.75
BG64P	MINI-NAAN GARLIC & CORIANDER - FLORENTIN	£2.75

B070P	OATCAKES ORGANIC - NAIRNS	£1.59
HOOL	OATMEAL LARGE	£3.15
HOOS	OATMEAL SMALL	£2.05
RF010	ORIGINAL CORN THINS - REAL FOODS	£1.89
B330P	POPPADUMS-BLACK PEPPER - NATCO	£1.45
B154P	PROTEIN PACKED LENTIL CAKES - KALLO	£1.95
BIO602	RICE BREAD GLUTEN FREE 500 -ORG- BIONA	£4.39
B172P	RICE CAKES LIGHTLY SALTED ORG- KALLO	£1.69
B837P	RICE CAKES MULTIGRAIN (ORG) CLEARSPRING	£1.19
B167P	RICE CAKES SESAME ORG (ORANGE) - KALLO	£1.49
B171P	RICE CAKES UNSALTED -ORG - KALLO	£1.69
B986P	RYE & PUMPKIN SEED BREAD - BIONA	£2.25
BIO592	RYE AMARANTH BREAD (ORG) - BIONA	£2.09
B745P	RYE BREAD (ORG) - BIONA	£2.05
BIO598	RYE CHIA & FLAX BREAD (ORG) - BIONA	£2.29
B049P	RYE CRISPBREAD - FINN CRISP	£1.45
BIO572	RYE OMEGA3 GOLD LINSEED BREAD-ORG-BIONA	£2.10
B987P	RYE SUNFLOWER BREAD BIONA	£2.09
BIO596	RYE VITALITY BREAD-ORG-BIONA	£2.20
BE10P	SEEDED OATCAKES GF - NAIRNS	£2.30
RF030	SESAME CORN THINS- ORG - REAL FOODS	£1.89
HOPS	SMOKED PAPRIKA SOURDOUGH	£3.55
BIO780	SPELT CAKES ORGANIC (NO SALT) - BIONA	£1.39
HOLS	SPELT LARGE - ORG	£4.55
RUD230	SPELT OATY - RUDE HEALTH	£2.10
HOSS	SPELT SMALL- ORG	£2.85
B374P	SPROUTED RYE BREAD - ORG - EVERFRESH	£1.85
B376P	SPROUTED SPELT BREAD (ORG) - SUNNYVALE	£2.55
B110P	SPROUTED WHEAT AND HEMP BREAD EVERFRESH	£2.35
B123P	SPROUTED WHEAT BREAD (ORG) - EVERFRESH	£1.95
B126P	SPROUTED WHEAT& DATE BREAD-ORG-SUNNYVALE	£2.05
BE26P	SUPER SEEDED OATCAKES -ORG - NAIRNS	£1.81
B188P	THIN SLICE RICE CAKES NO SALT - KALLO	£1.59
CLS798	TOMATO & HERB OATCAKES -ORG- CLEARSPRING	£2.60
L142P	TRADITIONAL OATCAKES -ORG- CLEARSPRING	£2.35
HOTS	TURMERIC SOURDOUGH	£3.65
B359P	VEGGIE GARDEN CRISPBREAD -GF-ORG- AMISA	£1.65
HOLW	WHITE LARGE	£2.99
HOSW	WHITE SMALL	£1.99
HOWL	WHOLEMEAL LARGE	£2.99
HOWS	WHOLEMEAL SMALL	£1.99
HOQS	WHOLEMEAL SOURDOUGH (QUERN)	£2.90

HOWW	WILD WHITE	£2.70
BULK		
AFTERT	AFTER TEA - LOOSE TEA	£65.00
N015E	ALMONDS (ORG)	£19.50
F0450	APRICOTS DRIED (ORG)	£10.25
R1200	ARBORIO RICE (RISOTTO) ORGANIC	£4.50
N003E	BRAZILS (ORG)	£15.80
R0760	BROWN BASMATI ORG - ESSENTIAL	£4.45
G0150	BULGAR (ORG)	£2.50
M4500	CAROB PEANUTS - NOT VEGAN	£5.45
M4520	CAROB RAISINS - NOT VEGAN	£5.50
N0270	CASHEWS WHOLE (ORG)	£17.10
S0050	CHIA SEEDS (ORG)	£6.80
P0950	CHICK PEAS (ORG)	£4.00
C0080	CLASSIC MUESLI (ORG)	£4.55
N023E	COCONUT - DESICCATED (ORG)	£5.80
G018B	COUS COUS WHOLEMEAL (ORG)	£3.25
F125B	CURRENTS (ORG)	£10.00
M4770	DARK CHOCOLATE BRAZILS	£10.50
C009B	DATE & APRICOT MUESLI (ORG)	£5.45
C0090	DATE & APRICOT MUESLI (ORG)	£5.25
F1330	DATES PITTED (ORG)	£7.00
C3900	DELUXE MUESLI (ORG)	£5.30
STORIMAN	DRIED MANGO - STORIMARKET	£22.50
STORIPIN	DRIED PINEAPPLE + PASSION - STORIMARKET	£24.99
EARLBF	EARL GREY BLUE FLOWER - LOOSE TEA	£43.00
H576D	ELDERBERRIES	£23.80
ENGBT	ENGLISH BREAKFAST - LOOSE TEA	£42.50
F1550	FIGS (ORG)	£8.95
C3750	FINE MUESLI (ORG)	£3.45
C3800	FRUIT CRUNCH (ORG)	£5.30
MUE340	GLUTEN FREE MUESLI (ORG)	£7.50
P125B	GREEN LENTILS (ORG)	£3.95
C3600	HARVEST MUESLI	£3.15
N2050	HAZELNUTS (ORG)	£20.35
C0950	JUMBO OATS (ORG)	£2.55
H6130	LINSEED GOLD (FLAXSEED) (ORG)	£3.89
R040A	LONG GRAIN RICE ORGANIC	£3.35
OHEMP	LOOSE HEMP SEEDS (ORG)	£8.15
C9000	LUXURY FRUIT + NUT MUESLI (ORG)	£7.19
F0190	MULBERRIES DRIED WHITE (ORG)	£10.10

N3100	PEANUTS (ORG)	£6.99
F2800	PITTED PRUNES (SORBATED)	£3.90
C1350	PORRIDGE OATS (ORG)	£2.55
S0020	PUMPKIN SEEDS (ORG)	£8.65
G0880	QUINOA ORG - ESSENTIAL	£5.10
F3250	RAISINS (ORG)	£8.30
P1950	RED SPLIT LENTILS (ORG)	£3.95
M0990	RICE CRACKERS (OSUMI)	£8.05
205	ROOIBOS CHAI - LOOSE TEA	£75.00
F701B	SEMOLINA BROWN	£1.85
S0550	SESAME SEEDS (ORG)	£5.95
R0600	SHORT GRAIN RICE ORGANIC	£3.00
P2150	SOYA BEANS (ORG)	£2.75
F3600	SULTANAS (ORG)	£5.40
S0750	SUNFLOWER SEEDS (ORG)	£4.10
C0010	SUPER HI-FI MUESLI (ORG)	£7.95
C0050	SUPREME MUESLI (ORG)	£7.29
N4450	WALNUT PIECES (ORG)	£16.90
R077A	WHITE BASMATI- ORG - ESSENTIAL	£4.45
P909P	WHITE PENNE ORGANIC	£3.10
M4530	YOGHURT BANANA CHIPS	£5.25
M4710	YOGHURT HAZELNUTS	£9.20
M4560	YOGHURT RAISINS -	£5.70

CONDIMENTS

RAH216	APP CIDER VNGR TURMERIC GINGER -RAW VIBE	£3.09
C684P	APPLE CIDER VINEGA W/MOTHER -RAW VIBRANT	£2.95
71772	APPLE CIDER VINEGAR WITH MOTHER - RAYNER	£2.79
V509P	ARTICHOKE HEARTS IN OIL (ORGANIC)	£4.25
S400P	ATLANTIC AGAR AGAR	£4.45
S404P	ATLANTIC KOMBU -ORG- ALGAMAR	£3.29
C632P	ATLANTIC SEA SALT ORG - GEO ORGANICS	£1.35
S407P	ATLANTIC SEA SPAGHETTI -ORG- ALGAMAR	£5.05
S403P	ATLANTIC WAKAME -ORG- ALGAMAR	£4.10
BIO258	BALSAMIC GLAZE -ORG - BIONA	£3.89
C056P	BALSAMIC VINEGAR - ASPALL	£3.64
C225P	BALSAMIC VINEGAR OF MODENA- ORG- CAMPO	£4.15
C300P	BALTI PASTE (NAS) - GEO ORGANICS	£2.65
C420P	BARLEY MISO - CLEARSPRING	£5.89
59175	BBQ CHOCOLATE HOT SAUCE - EATEN ALIVE	£3.99
C637P	BOULLION (LS) (V) 150G (PURPLE) - MARIGO	£2.05
V010P	BRAISED TOFU - MARIGOLD	£2.49

C419P	BROWN RICE MISO - CLEARSPRING	£4.75
C509P	BROWN RICE VINEGAR - ORG - CLEARSPRING	£2.49
C508P	BROWN SAUCE - BIONA	£3.59
C090P	CAPERS IN E.V.OLIVE OIL -ORG- MANI	£3.78
CACHUT	CATKINS CHUTNEYS	£3.95
V242P	CHEESE SAUCE MIX (GLUTEN FREE) - F&E	£1.79
C598P	CIDER VINEGAR W/ MOTHER - BIONA	£3.25
C145P	CIDER VINEGAR W/ MOTHER - OSTLER	£4.45
C085P	CLASSIC APPLE RELISH - RUBIES	£3.45
C114P	COCONUT AMINO SAUCE -ORG- COCO FINA	£5.99
C653P	CORI BASIL + HAZEL PESTO - ZEST	£2.59
V702P	CREAMED COCONUT - ESSENTIAL/BIONA	£2.00
C309P	DIJON MUSTARD ORG - ESSENTIAL	£2.35
CSEA1	DULSE FLAKES 40G -ORG-CORNISH SEAWEED CO	£4.85
C557P	EGG-FREE MAYONNAISE PLAIN - PLAMIL	£2.39
C569P	EGG-FREE MAYONNAISE+GARLIC - PLAMIL	£2.45
B036P	ENGEVITA YEAST FLAKES - MARIGOLD	£2.99
C281P	ENGEVITA YEAST FLAKES + B12 - MARIGOLD	£3.69
C681P	FURIKAKE (EDEN SHAKE) SEASONING - SANCHI	£3.59
C271P	GARLIC AIOLI MAYO -ORG- BONSAN	£2.65
BIO068	GOMASIO SESAME CONDIMENT - BIONA	£2.89
O205P	GREEN & KALAMA PITTED OLIVES -ORG- MANI	£3.65
S708P	GREEN NORI SPRINKLE CLEARSPRING	£1.95
O014P	GREEN OLIVES -ORG- SUNITA	£2.95
C685P	HARISSA CHILLI PASTE- ORG - BIONA	£2.99
C413P	HATCHO SOYA MISO - ORG-CLEARSPRING	£5.55
S293P	HIJIKI 50G CLEARSPRING	£7.99
C826P	HIMALAYAN PINK SALT COURSE- PROFUSION	£3.99
C822P	HIMALAYAN PINK SALT FINE- PROFUSION	£3.99
PINK	HIMALAYAN PINK SALT GRINDER	£3.10
BIO082	HOT PEPPER SAUCE (ORG) - BIONA	£3.69
C648P	INDONESIAN RENDANG CURRY PASTE -GEO ORG	£2.90
C651P	INDONESIAN SATAY CURRY PASTE - GEO ORG	£2.89
C633P	INSTANT VEG GRAVY POWDER ORG - MARIGOLD	£1.75
35467	ITALIAN TOMATO KETCHUP - NO ADDED SUGAR	£3.99
O200P	KALAMATA OLIVES 250G -ORG- MANI BLAUDEL	£3.65
CSEA2	KELP FLAKES 60G -ORG- CORNISH SEAWEED CO	£4.85
C102P	KORMA PASTE (ORG) - GEO ORGANICS	£2.48
C454P	LIME PICKLE - MILD - PATAKS	£2.49
C104P	MADRAS PASTE -ORG- GEO ORGANICS	£2.70
C666P	MANGO CHUTNEY (ORG)- GEO ORGANICS	£2.99
C116P	MARIGOLD LIQUID AMINOS - MARIGOLD	£3.55

C445P	MAYONNAISE (ORG) - BIONOVA	£2.50
FRL420	MILD CURRY PASTE GF - FREE&EASY	£2.49
C537P	MIRIN MIKAWA - CLEARSPRING	£4.49
CSEA3	MIXED FLAKES 60G -ORG-CORNISH SEAWEED CO	£4.85
C691P	MUGI MISO ORG 200G - SANCHI	£3.55
C607P	MUSHROOM + GARLIC PASTA SAUCE - ZEST	£2.35
S277P	NORI SHEETS - CLEARSPRING	£3.69
C270P	OLIVE PASTE KALAMATA -ORG- MANI BLAUJEL	£3.69
S777P	ONION GRAVY POWDER VG -ORG- ESSENTIAL	£2.60
C169P	ORGANIC ENGEVITA YEAST FLAKES - MARIGOLD	£4.85
V542P	PASSATA (ORG) - ESSENTIAL	£1.95
BIO302	PASSATA W/ BASIL -ORG- BIONA	£1.95
C588P	PASTA SAUCE-HERB & TOM (ORG)-MERIDIAN	£2.99
C086P	PEAR & FIG RELISH - RUBIES	£3.45
C571P	PESTO (VEGAN) - ZEST FOODS 340G	£4.41
C562P	PESTO (VEGAN) 165G - ZEST	£2.65
C069P	PESTO CONCENTRATED (ORG) - ESSENTIAL	£5.25
V168P	PESTO GENOVESE 130G -ORG- SUNITA	£3.29
V185P	PESTO RED (ORG) VEGAN - SUMA	£2.99
C081P	PLANT BASED MAYO - RUBIES	£3.45
MV140	RAW COCONUT VINEGAR 250ML-ORG- RAYNERS	£3.49
MV130	RAW POMEGRANATE VINEGAR -ORG- RAYNERS	£3.99
C067P	RED PESTO ORG - ESSENTIAL	£3.99
C279P	RED WINE VINEGAR - ORG - CLEARSPRING	£2.99
72139	RED WINE VINEGAR ORG - RAYNERS	£2.49
C769P	RICE MIRIN - CLEARSPRING	£3.25
P121P	RICE PAPER (ORG) - YAKSO	£2.93
SEASALAD	SEA SALAD -ORG- CORNISH SEAWEED CO	£4.85
S606P	SEA VEGETABLE SALAD CLEARSPRING	£4.69
S612P	SEAVEG CRISPIES CHILLI - CLEARSPRING	£1.15
S608P	SEAVEG CRISPIES ORIGINAL - CLEARSPRING	£1.00
CSEA4	SEAWEED SALT 70G -ORG-CORNISH SEAWEED CO	£2.95
V357P	SEITAN ORG YAKSO	£3.60
SEVERNCI	SEVERN CIDER VINEGAR - SEVERN CIDER	£3.65
C427P	SHOYU (150ML) (ORG) KAGISA - CLEARSPRING	£2.35
C526P	SHOYU (250ML) (ORG) - ESSENTIAL	£3.50
C723P	SHOYU (500ML) (ORG) - CLEARSPRING	£5.59
C527P	SHOYU (500ML) (ORG) - ESSENTIAL	£5.75
C772P	SHOYU SOYA SAUCE (ORG) 1L- CLEARSPRING	£9.99
80750	SMOKED SRIRACHA HOT SAUCE - EATEN ALIVE	£3.99
C087P	SPICY TOMATO RELISH - RUBIES	£3.50
C617P	STOCK CUBES (FRENCH ONION) ORG - KALLO	£1.55

C661P	STOCK CUBES (VEGETABLE) -ORG- KALLO	£1.55
C667P	STOCK CUBES (YEAST FREE) - KALLO	£1.55
C663P	STOCK CUBES LOW SALT -ORG- KALLO	£1.55
BIO752	SUN DRIED TOMATOES -ORG- BIONA	£4.99
C236P	SUN DRIED TOMATOES -ORG- MANI BLAUJEL	£3.75
C654P	SUNDRIED TOMATO PASTE 170G - ZEST	£2.65
C259P	SUNDRIED TOMATO SPREAD -ORG- MANI BLAUJEL	£3.65
V238P	SUSHI GINGER- CLEARSPRING	£2.95
S409P	SUSHI NORI SHEETS - ALGAMAR	£5.55
R005P	SUSHI RICE	£2.35
C272P	SWEET MUSTARD DRESSING - BONSAN	£3.15
C475P	SWEET WHITE RICE MISO - CLEARSPRING	£4.89
C428P	TAMARI (150ML) (ORG) - CLEARSPRING	£3.49
C523P	TAMARI (250ML) (ORG) - ESSENTIAL	£4.95
C437P	TAMARI (500ML) (ORG) - CLEARSPRING	£9.79
C524P	TAMARI (500ML) ORG - ESSENTIAL	£8.95
C582P	TAMARI 1 LITRE -ORG- CLEARSPRING	£17.99
V358P	TEMPEH YAKSO JAR ORG 175G	£3.39
C414P	TERIYAKI SAUCE -ORG- CLEARSPRING	£3.45
C465P	THAI GREEN CURRY PASTE (ORG) - GEO ORGAN	£2.65
C463P	THAI RED CURRY PASTE (NAS) - GEO ORGANIC	£2.70
C103P	TIKKA MASALA PASTE (ORG) - GEO ORGANICS	£2.50
V166P	TOFU CLEARSPRING ORG 300G CARTON	£1.99
C650P	TOMATO + CHILLI SAUCE - ZEST	£2.35
C501P	TOMATO KETCHUP W/ NO SUGAR -ORG- BIONA	£2.49
V546P	TOMATO PUREE (ORG) TUBES - ESSENTIAL	£1.35
C451P	UME PLUM SEASONING -ORG- CLEARSPRING	£2.49
C453P	UMEBOSHI PLUM PASTE -ORG- CLEARSPRING	£6.69
C620P	VEG BOUILLON (ORG) V 900G (RED) - MARIGO	£12.79
C635P	VEG BOUILLON 150GM (GREEN)-MARIGOLD	£2.05
C634P	VEG BOUILLON ORG 150G (RED) - MARIGOLD	£2.35
C638P	VEG BOUILLON ORG 500G<PURPLE>- MARIGOLD	£6.29
C257P	VEGAN BASIL PESTO - MOZZARISELLA	£2.59
91468	VEGAN SEITAN RAGU - ORG	£2.69
70323	VEGAN SOYA RAGU - ORG	£2.69
C639P	VEGETABLE BOUILLON (GREEN/500G) - MARIGO	£6.29
C624P	VEGETABLE BOUILLON CUBES ORG/VEG/LS - MA	£1.49
C626P	VEGETARIAN GRAVY POWDER ORG - MARIGOLD	£2.39
C301P	VITAMIN D YEAST FLAKES - MARIGOLD	£3.85
CLS834	WASABI HORSERADSH PWDER-ORG-CLEARSPRING	£3.79
54289	WHITE WINE VINEGAR ORG - RAYNERS	£2.49
C303P	WHOLEGRAIN MUSTARD (ORG) - ESSENTIAL	£2.15

C213P	WORCESTER SAUCE (ORG) - BIONA	£3.65
DELI		
ABFF	APPLE & BLACKCURRANT FLAPJACK	£1.35
RLGT	BOLLYWOOD-LEMON, GINGER TURMERIC (ORG)	£2.15
CASHCBD	CASHEW CBD BAR - RADEK'S	£6.49
CASHMOC	CASHEW MOCHA LARGE - RADEK'S	£4.85
LGCBD	CBD CHOCOLATE BAR LARGE - RADEK'S	£6.25
A392P	CHICKPEA AND SPINACH PIE	£2.75
RWC	CHOCBERRY RAW (ORG) - LITTLE ROAR	£2.15
A390P	CHOCOLATE & COCONUT FLAPJACK	£1.35
GCHB	CHOCOLATE HAZEL BROWNIE	£1.65
MEGA	CHOCOMEGA RAW BROWNIE	£2.00
RCOP	CHOCWORK ORANGE - LITTLE ROAR	£2.15
CBDBAR1	CLASSIC - CBD CHOCOLATE BAR	£3.20
LGHAZ	DARK HAZELNUT GIANDJULA LARGE - RADEK'S	£4.85
DMB	DARK MATTER BROWNIE	£2.15
FIGPOP	FIGGY POP - LITTLE ROAR	£2.15
RPCS	FRESH PRINCE - LITTLE ROAR	£2.15
RADG	GIANDUJA HAZELNUT CHOCOLATE - RADEK	£2.45
HAZTRUF	HAZELNUT TRUFFLE VEGAN	£2.25
RIJ	ITALIAN JOB - LITTLE ROAR	£2.15
LCB	LIME & CHILLI BROWNIE - LITTLE ROAR	£2.15
MEDF	MED VEG FLAN	£2.75
AL003	MINI POTATO CAKE	£1.30
GCC08	OAT, DATE & WALNUT SLICE	£2.05
AL002	ONION BHAI	£2.25
ROAB	ORANGE N BLUEBERRY CHEESECAKE	£2.15
RADGOLD	RADEK TRUFFLES FRESH	£1.05
RADCBD	RADEK'S CBD CHOCOLATE BAR	£3.10
RADBR	RADEK'S CHOC BROWNIE	£2.20
RADEK	RADEK'S CHOCOLATE	£2.25
RADBOX4	RADEK'S GIANDJULA TRUFFLE BOX	£20.40
RADICE	RADEK'S ICE CREAM	£4.90
RADBOX2	RADEK'S LARGE BOX CHOCOLATE	£15.75
RADBOX1	RADEK'S MEDIUM BOX CHOCOLATE	£10.95
GIANBOX	RADEK'S MEDIUM GIANDJULA BOX	£10.95
RADBOX	RADEK'S SMALL BOX CHOCOLATE	£8.00
RADTRUF	RADEK'S TRUFFLE BAR	£3.10
SEB11	RED THAI CURRY PASTY VEGAN	£2.85
AL001	SAMOSA VEGETABLE	£1.40
SEB3	SAUSAGE ROLL	£1.85

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BLUET	SHROPSHIRE BLUE AND BROCCOLI TART	£2.75
SEB4	SPICY VEG PASTY	£2.95
SEB5	SPINACH + RICOTTA PASTY	£2.95
SMT	STILTON & MUSHROOM TART	£2.75
NNK	SUBLIME - LITTLE ROAR	£2.15
SEB1	TWO SEED RISSOLE	£1.75
GCC10	V GF CARROT CAKE	£2.20
POTP	VEGAN CHEESE & POTATO PASTY	£2.85
SEB2	VEGGIE SCOTCH EGG	£1.85
SEB6	WHOLEMEAL VEG PASTY	£2.75
O139P	WILD GARLIC & BASIL GREEN OLIVES	£3.19
YUM	YUMMY SCRUMMY	£2.25

DRINKS

B711P	ALKALINE HERBS TEA BAGS -ORG- YOGI	£2.45
S732P	ALMOND DRINK 250ML -ORG- RUDE HEALTH	£1.45
BB61P	APPLE & CINNAMON -ORG- HEATH & HEATHER	£2.49
J194P	APPLE & GINGER JUICE 1L - CAWSTON PRESS	£3.01
J195P	APPLE & RHUBARB JUICE CAWSTON 1 L	£2.99
16391	APPLE + PEAR JUICE MULTIPACK	£2.58
J192P	APPLE JUICE CAWSTON 1 L	£3.01
J120P	APPLE JUICE CONC 360ML (ORG) - ROCKS	£4.49
J193P	APPLE N ELDERFLOWER CAWSTON	£3.00
B544P	ASSAM TEA (ORG) - LOOSE - CLIPPER	£2.49
B543P	ASSAM TEA ORGANIC BAGS 50'S - CLIPPER	£2.49
B408P	BAMBU - BIOFORCE	£4.69
B412P	BARLEY CUP (200G) - AGROS	£4.59
BD00P	BARLEYCUP 100G - ORGANIC	£3.69
B880P	BEDTIME TEA BAGS -ORG- YOGI	£2.49
J078P	BEETROOT JUICE - BEET-IT	£2.99
J150P	BEETROOT JUICE 500ML - ORG- BIONA	£2.15
B254P	BENGAL SPICE TEABAGS - CELESTIAL	£2.75
J109P	BIONA COCONUT WATER ORGANIC	£1.75
B095P	BLACK TEA CHAI- DRAGONFLY	£2.25
BD95P	BLACKCURRANT & ACAI TEA - CLIPPER	£1.99
J854P	BLACKCURRANT SQUASH 740ML -ORG- ROCKS	£3.49
J383P	BLOOD ORANGE - LEMONAID	£1.70
B657P	BREATHE DEEP TEA BAGS - YOGI	£2.45
12003	BREUSS VEG JUICE FERMENTED -ORG- BIOTTA	£3.99
B497P	CAFE DIRECT INSTANT COFFEE	£4.55
BA32P	CALMER CHAMELEON INFUSION - CLIPPER	£2.35
B081P	CAMOMILE TEA (ORG) - ESSENTIAL	£1.55

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B085P	CAMOMILE/SPEARMINT TEA (ORG) - ESSENTIAL	£1.59
B524P	CAPE MALAY ROOIBOS CHAI - DRAGONFLY	£2.25
J113P	CARROT JUICE 1L (ORG) - BIONA	£3.85
AMMACBDT	CBD TEA BAGS 18 BAGS - AMMA LIFE	£12.49
MINTCBDT	CBD TEA BAGS MINT - AMMA LIFE	£12.49
L328P	CHAMOMILE VANILLA & MANUKA - PUKKA	£2.95
J762P	CHERRYTREE COLA - FENTIMANS	£1.65
B599P	CHINA GREEN TEA BAGS (ORG) - QI	£1.69
B870P	CHOCO - YOGI	£2.49
B864P	CLASSIC - YOGI	£2.45
L344P	CLEAN MATCHA GREEN TEA - PUKKA	£2.95
J003P	CLUB-MATE	£1.55
B313P	COCOA POWDER - EQUAL EXCHANGE	£4.25
J142P	COCONUT WATER - 100% -1L- COCO FINA	£3.95
X154P	COFFEE FILTERS - IF YOU CARE	£3.00
J036P	COLA - WHOLE EARTH	£1.29
BC35P	COLOMBIAN COFFEE EQUIDAD- GRUMPY MULE	£4.75
J420P	CRANBERRY FRUIT DRINK ORG - BIONA	£5.29
J714P	CURIOSITY COLA - FENTIMANS	£1.62
J720P	DANDELION AND BURDOCK FENTIMANS	£1.65
BE96P	DARK CITY ROAST GR COFFEE ORG - EQUAL EX	£4.89
BE98P	DECAFF ROAST & GROUND COFFEE (ORG) - EQU	£5.25
B826P	DECAFFINATED COFFEE BEANS - EQUAL EX	£4.75
B667P	DECAFFINATED TEABAGS - CLIPPER	£3.39
B881P	DETOX TEA BAGS - YOGI	£2.45
B521P	DRINKING CHOCOLATE - DIVINE	£4.35
B483P	EARL GREY ORGANIC TEA BAGS - CLIPPER	£2.99
B888P	ECHINACEA TEA (ORG) - YOGI	£2.45
KORE	ELDERBERRY & LAVENDER - KORE KOMBUCHA	£2.75
B715P	ELDERBERRY AND ECHINACEA TEA - PUKKA	£2.95
J717P	ELDERFLOWER PRESSE- (ORG)	£3.35
B076P	ENGLISH BREAKFAST 40S -ORG- CLIPPER	£2.55
B075P	ENGLISH EVERYDAY TEA 80S ORG - CLIPPER	£3.45
B083P	FENNEL TEA (ORG) - ESSENTIAL	£1.45
B614P	FENNEL TEA CLIPPER	£1.45
B207P	FRESH GREEN MATE LOOSE -ORG- META MATE	£6.55
B208P	FRESH MATE #23 TEABAGS -ORG- META MATE	£2.00
B461P	FRESH START TEA - PUKKA	£2.95
FSTART	FRESH START TEA - PUKKA	£2.99
KORE1	GINGER & HIBISCUS - KORE KOMBUCHA	£2.75
B884P	GINGER AND LEMON TEA BAGS - YOGI	£2.49
J711P	GINGER BEER - FENTIMANS	£1.60

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J748P	GINGER BEER 75CL - BELVOIR FARMS	£3.33
J715P	GINGER CORDIAL 500ML (ORG)- BELVOIR FARM	£5.12
B659P	GREEN ENERGY TEA BAGS -YOGI TEA	£2.49
B393P	GREEN ROOIBOS ORG - TICK TOCK	£2.58
BD59P	GREEN TEA BAGS 50 - CLIPPER	£2.50
HS017707	HAWTHORN TEABAGS- ORG- SALUS HAUS	£2.20
B205P	HERBAL COLLECTION -ORG- PUKKA	£3.29
KOMH	HIBISCUS KOMBUCHA - BATH CULTURE HOUSE	£2.75
B084P	HIBISCUS TEA (ORG) - ESSENTIAL	£1.55
B127P	IMMUNE SUPPORT TEA -ORG- YOGI TEA	£2.45
B681P	INNER HARMONY TEA BAGS -ORG- YOGI	£2.45
PRE090	INSTANT CHICORY DRINK -ORG- PREWETTS	£3.42
B512P	INSTANT COFFEE (ORG) - CLIPPER	£4.90
B444P	INSTANT DECAF COFFEE - CAFE DIRECT	£5.10
B463P	INTENSE ROAST FILTER COFFEE- CAFE DIRECT	£4.35
BF04P	ITALIAN RST GR COFFEE -ORG- EQUAL EXCHAN	£4.89
J373P	KING COCONUT WATER -ORG- CLEARSPRING	£2.49
TRN060	KOMBUCHA CORDIAL THORNCROFT	£3.55
B066P	LATTE - CACAO MACA MAGIC - PUKKA	£4.99
B090P	LATTE -TURMERIC GOLD - PUKKA	£4.99
B779P	LEMON & GINGER TEABAGS (ORG) - CLIPPER	£1.79
B760P	LEMON GINGER & MANUKA TEA - PUKKA	£2.95
J852P	LEMON SQUASH 740ML -ORG- ROCKS	£3.45
J035P	LEMONADE - WHOLEEARTH	£1.25
BD70P	LEMONGRASS & GINGER TEA - PUKKA	£2.95
BD71P	LICORICE AND CINNAMON TEA - PUKKA	£2.95
B871P	LICORICE TEA BAGS -ORG- YOGI	£2.49
KORE2	LIME & ELDERFLOWER - KORE KOMBUCHA	£2.75
B134P	LIQUORICE TEA BAGS - CLIPPER	£1.79
B899P	LOVE TEA ORG - PUKKA	£2.99
B445P	MACHU PICCHU COFFEE (F/T ORG) - CAFEDIRE	£4.50
B441P	MATCHA GREEN TEA POWDER - CLEARSPRING	£10.99
J386P	MATE - CHARITEA	£1.30
HS017640	MATE TEA - ORG- SALUS HAUS	£2.20
B634P	MENS TEA BAGS - YOGI	£2.45
B601P	MINTY CHLORELLA - YOGI	£2.49
B100P	MOONLIGHT JASMINE TEA- DRAGONFLY	£2.27
B527P	MOROCCAN MINT TEA - DRAGONFLY	£2.28
L356P	MOTHERKIND BABY TEA - PUKKA	£2.99
J051P	MOUNTAIN CRANBERRY (ORG) - WHOLE EARTH	£1.29
B130P	MULE COLOMBIAN COFFEE BEANS	£4.75
TRN020	NETTLE CORDIAL THORNCROFT	£2.89

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B652P	NETTLE TEA BAGS - CLIPPER	£1.45
BA86P	NIGHT TIME - PUKKA	£2.99
B196P	NIGHT TIME LATTE - PUKKA	£4.99
BH56P	NIGHT TIME TEA - HEATH & HEATHER	£2.95
B505P	NITRO COLD BREW LATTE- MINOR FIGURES	£1.89
B507P	NITRO COLD BREW MOCHA- MINOR FIGURES	£1.89
B363P	NOCAF - WHOLE EARTH	£2.99
J066P	ORANGE AND LEMON DRINK - WHOLE EARTH	£1.29
J853P	ORANGE SQUASH 74CL (ORG) - ROCKS	£3.45
B056P	PAPUA NEW GUINEA ORG ARABICA - CLIPPER	£4.05
J387P	PASSION FRUIT - LEMONAID	£1.70
PEACET	PEACE TEA PUKKA	£2.99
B121P	PEPPERMINT & LICORICE TEA ORG - PUKKA	£2.95
B666P	PEPPERMINT TEA - CLIPPER	£1.45
B082P	PEPPERMINT TEA (ORG) - ESSENTIAL	£1.45
B086P	PEPPERMINT/SPEARMINT TEA (ORG) - ESSENTI	£1.45
B530P	PERU CAFE FEMENINO - GRUMPY MULE	£4.65
J902P	POMEGRANATE JUICE (ORG) 1LT- BIONA	£4.95
VER240	PRUNE JUICE 750ML -ORG- VITAMONT	£7.95
82227	PURDEYS - SILVER	£1.40
J128P	PURE TART CHERRY JUICE 1 L - BIONA	£4.95
BC45P	RASPBERRY LEAF TEA (ORG) - CLIPPER	£1.79
RAWHOT	RAW HOT CHOCOLATE SPICED ELEMENTS	£6.50
J388P	RED - CHARITEA	£1.30
B990P	REDBUSH TEA 80S ORG -CLIPPER	£3.70
B858P	RELAX TEA PUKKA	£2.95
B856P	REVITALISE TEA - PUKKA	£2.99
B662P	ROOIBOS EARL GREY - DRAGONFLY TEA	£2.75
B383P	ROOIBOS EARL GREY TEA - TICK TOCK	£2.43
B672P	ROOIBOS VANILLA- (ORG) DRAGONFLY TEA	£2.75
HS017764	SAGE LEAF TEABAGS- ORG- SALUS HAUS	£2.20
B424P	SENCHA GREEN TEA - CLEARSPRING	£3.29
B979P	SLEEP EASY TEA - CLIPPER	£1.45
B264P	SLEEPYTIME TEA - CELESTIAL	£2.45
BF45P	SNORE AND PEACE INFUSION - CLIPPER	£2.19
W034P	SPARKLI SPRING WATER GLASS-CHEDDAR WATER	£0.70
J395P	SPARKLIN POMEGRANATE KOMBUCHA-ORG- KARMA	£3.15
J055P	SPARKLING APPLE (ORG) WHOLE EARTH	£1.29
J068P	SPARKLING CLOUDY APPLE - CAWSTON PRESS	£1.15
J047P	SPARKLING ELDERFLOWER - WHOLE EARTH	£1.29
J046P	SPARKLING GINGER - WHOLE EARTH	£1.29
J394P	SPARKLING GINGER KOMBUCHA -ORG- KARMA	£3.15

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J399P	SPARKLING RASPBERRY KOMBUCHA -ORG- KARMA	£3.25
J090P	SPARKLING RHUBARB - CAWSTON PRESS	£1.15
W032P	SPARKLING WATER 330ML-CHEDDAR WATER	£0.59
W302P	SPARKLING WATER GLASS 750ML - FRANK	£1.25
J108P	SQUEEZED ORANGE JUICE - CAWSTON PRESS	£3.29
W301P	STILL WATER GLASS 330ML - FRANK	£0.65
W303P	STILL WATER GLASS 750ML - FRANK	£1.25
W031P	STILL SPRING GLASS 330ML-CHEDDAR WATER	£0.50
W033P	STILL SPRING WATER GLASS 750ML -CHEDDAR	£0.69
B879P	STOMACH EASE TEA BAGS - YOGI	£2.49
BC40P	SUMATRA GROUND ORG COFFEE- GRUMPY MULE	£4.75
33047	SUMMER BERRIES JUICE MULTIPACK	£2.58
B277P	SUPER COSY DRINKING CHOCOLATE - CLIPPER	£2.99
BG04P	SUPREME MATCHA GREEN TEA - PUKKA	£2.99
B872P	SWEET CHILLI TEA (ORG) -YOGI TEA	£2.45
X338P	TEABALLS (STAINLESS STEEL) - AGATHAS	£2.75
B260P	TENSION TAMER TEA - CELESTIAL	£2.45
B763P	THREE CINNAMON TEA - PUKKA	£2.95
BE06P	THREE FENNEL TEA - PUKKA	£2.95
BA88P	THREE GINGER TEA PUKKA	£2.95
BA89P	THREE MINT TEA PUKKA	£2.99
B885P	THROAT COMFORT TEA BAGS - YOGI	£2.49
B386P	TICK TOCK ROOIBOS TEA	£2.43
DRS070	TRANQUILITY PLUS - DR STUART	£2.79
TUL050	TULSI BRAHMI - ORGANIC INDIA	£3.49
B268P	TULSI TEA - PUKKA	£2.95
TUL010	TULSI TEA ORIGINAL - ORGANIC INDIA	£3.49
J102P	TURM LEMON GINGER KOMBUCHA-ORG-PROFUSION	£2.79
KOMTG	TURMERIC & GINGER KOMBUCHA -BCH	£2.75
L361P	TURMERIC ACTIVE TEA - PUKKA	£2.99
B692P	TURMERIC CHAI (ORG) - YOGI	£2.49
L348P	TURMERIC GOLD TEA - PUKKA	£2.95
TAK040	TURMERIC GOLD VANILLA + ROOBIOS - TAKA	£2.99
TAK010	TURMERIC GOLDEN CHAI TEA BAGS - TAKA	£2.99
TAK020	TURMERIC GOLDEN GINGER + LEMON - TAKA	£2.99
B602P	TURMERIC ORANGE - YOGI	£2.49
DRS080	VALERIAN PLUS - DR STUART	£2.79
B624P	VANILLA CHAI TEA -ORG- PUKKA	£2.99
B663P	VANILLA ROOIBOS - DRAGONFLY TEA	£2.75
J151P	VEGETABLE JUICE 500ML - ORG- BIONA	£1.95
B375P	WAKE UP - WHOLE EARTH	£3.85
BB68P	WILD ROSEHIP - HEATH & HEATHER	£2.49

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L331P	WOMANKIND TEA - PUKKA	£2.95
BF06P	WOMEN FARMERS ROAST GROUND-ORG -EQUAL EX	£4.25
B637P	WOMENS TEA BAGS - YOGI	£2.49
B911P	ZAPATISTA COFFEE BEANS (ORG)	£8.75
B910P	ZAPATISTA COFFEE GROUND (ORG)	£4.55
FREEZER		
07522	ACAI FROZEN UNSWEETENED 4 PACK	£4.99
SAM101	ACAI FROZEN UNSWEETENED -ORG- SAMBAZON	£1.37
33558	ACAI SCOOPABLE SORBET - ORGANIC	£4.99
PBLACK	BLACKBERRY COCO LIME - PALETAS	£2.99
X820P	CARAMEL PECAN PRALINE SMALL - BOOJA	£1.99
X814P	CARAMEL PECAN PRALINE VANILLA - BOOJA	£5.49
F434P	CHICKEN STYLE BURGERS - FRY	£3.55
F433P	CHICKEN STYLE NUGGETS - FRY	£3.85
X816P	CHOCOLATE SALTED CARAMEL ICE CRM -BOOJA	£5.49
X002P	EXOTIC FUNGHI FEAST - ONE PLANET	£5.45
SJ010	FILO PASTRY	£2.25
X653P	FROZEN BERRY MIX (ORG) - NATURAL COOL	£3.39
X652P	FROZEN BLUEBERRIES ORG - NATURALCOOL	£3.30
X650P	FROZEN RASPBERRIES ORG - NATURALCOOL	£3.49
X643P	FROZEN SPINACH - NATURAL COOL	£1.89
X644P	FROZEN SWEETCORN ORG DEMETER- NATURAL CO	£2.79
X627P	GF MARGHERITA PIZZA - BIO INSIDE	£5.45
X236P	GF NUT ROAST - CLIVES	£5.25
49795X1	GF SHORTCRUST PASTRY - G FREE	£2.35
X009P	HAWAIIAN PIZZA - ONE PLANET	£5.45
F438P	HOT DOG SAUSAGE - FRY	£3.95
X791P	HUNKY PUNKY CHOCOLATE ICE CREAM -BOOJA	£5.49
X807P	HUNKY PUNKY CHOCOLATE SMALL - BOOJABOOJA	£1.99
JL060	JOLLYUM- MAPLE & PECAN ICE CREAM- ORG	£1.95
JL080	JOLLYUM- PASSFRUIT CHOC & ICE CREAM- ORG	£2.10
93526X1	LEEK, SPIN + CHEESE SAUS-WICKEN	£2.57
PMAN	MANGO PASSIONFRUIT LIME - PALETAS	£2.99
LLX020	MANGO RASPBERRY - LICKALIX	£2.09
X023P	MEDITERRANEAN VEG PIZZA - ONE PLANET	£5.49
F411P	MUSHROOM & SPINACH KIEV - GOODLIFE	£2.35
LLX050	NATURAL COLA - LICKALIX	£2.09
F470P	NUT BURGERS - GOOD LIFE	£2.85
PPINE	PINEAPPLE RASPBERRY - PALETAS	£2.99
X126P	PULLED PEAZ NATURAL - LAZY VEGAN	£5.25
X819P	RASPBERRY RIPPLE ICE CREAM -ORG- BOOJA	£5.45

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X824P	RASPBERRY RIPPLE SMALL-ORG- BOOJA	£1.99
72813X1	RED ONION + ROSEMARY SAUSAGES - LINDA	£2.39
X803P	RICH CHOCOLATE FROZEN DESS - FOOD HEAVEN	£4.15
F464P	SPICY VEG BEANPOUNDERS - GOODLIFE	£2.89
PSTR	STRAWBERRY LEMONADE - PALETAS	£2.99
V228P	TEMPEH (ORG) - IMPULSE	£2.79
X024P	THREE SHEESE MARGHERITA - ONE PLANET	£5.45
X792P	VANILLA M'GORILLA ICE CRM - BOOJA BOOJA	£5.49
X809P	VANILLA M'GORILLA SMALL-ORG- BOOJA	£1.99
NAT150	VEG PROTEIN BURGERS - VEGETARIANS CHOICE	£1.05
NAT140	VEGE PROTEIN SAUSAGES - VEGETARIAN CHOIC	£0.99
PWAT	WATERMELON KIWI - PALETAS	£2.99

FRIDGE

SPR3	ALFALFA & BROCCOLI -ORG-SKY SPROUTS-SEBA	£1.65
SPR2	ALFALFA & RADISH -ORG- SKY SPROUTS- SEBA	£1.65
SPR1	ALFALFA SPROUTS -ORG- SKY SPROUTS - SEBA	£1.65
X140P	APPLEWOOD SMOKEY VEGAN CHEESE	£2.59
A935P	ARABIAN CHICKPEA PIE - CLIVES	£2.65
A257P	BBQ TEMPEH SLICES (ORG) - OASIS	£2.35
S235P	BLUEBERRY CHERRY - SOJADE	£2.65
BOMBT	BOMBAY CURRY TART - CLIVES	£3.20
TMB	BOTTLE DEPOSIT - TIGERMYLK	£1.00
RFR3	BRIE-STYLE BABY BLUE - KASHYU	£6.99
SEBA3	BROCCOLI SPROUTS -SKY SPROUTS -ORG- SEBA	£1.70
A085P	BUTTER ROLLS FARMHOUSE - LONGMAN	£2.55
X507P	CALON WEN BUTTER - SALTED - ORG	£3.09
A930P	CHESTNUT + BEAN PIE - CLIVES	£2.65
X585P	CHIVES IN CREAMY SCHEESE- BUTE ISLAND	£2.59
V186P	CHORIZO MINCE - TOFURKY	£4.39
X406P	COCONUT YOGHURT NATURAL LG 250G - COYO	£3.39
X409P	COCONUT YOGHURT RAW CHOC 125G - COYO	£1.95
X410P	COCONUT YOGHURT VANILLA 125G - COYO	£1.95
19379	CONDENSED COCONUT MILK - BIONA	£2.39
A053P	COTTAGE CHEESE 250G- LONGLEY FARM	£1.60
CLIVE1	CREAMY CAULIFLOWER PIE - CLIVES	£2.65
X528P	CREAMY CHEDDAR CHEESE- CALON WEN	£2.45
VL070	CREAMY HERB CHEESE - VIOLIFE	£2.39
53919	CREAMY HERB CHEESE - VIOLIFE	£2.39
A933P	CREAMY MUSHROOM PIE - CLIVES	£2.65
X116P	CREAMY OATS FRAICHE - OATLY	£1.75
X584P	CREAMY SCHEESE CHEDDAR STYLE - BUTE ISLE	£2.59

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VL080	CREAMY VEGAN CHEESE ORIGINAL - VIOLIFE	£2.20
KAR400	DAIRY FREE MATURE CHEDDAR - KOKO	£2.49
KAR250	DAIRY FREE PLAIN YOGHURT - KOKO	£1.99
V390P	DOLMADES STUFFED VINE LEAVES - DELPHI	£1.99
CREAM	DOUBLE CREAM 250ML (ORG) - GLASS BOTTLE	£2.20
D121	DOUBLE CREAM 250ML-ORG- BRUTON DAIRY	£1.95
X105P	FETA - CYPRESSA	£2.70
V552P	FETO NATURAL - FERMENTED TOFU - TAIFUN	£3.75
A254P	FRIDGE CAKES MIXED - PLOUGHSHARES	£0.99
CHEASE2	GARLIC & HERB CHEASE - BCH	£5.49
C151P	GARLIC AIOLI VEGANAISE	£3.29
A118P	GF ALOO GOBI PIE - CLIVES	£2.75
A928P	GF CHICKPEA TAGINE PIE - CLIVES	£2.75
A927P	GF FRENCH CASSOULET PIE - CLIVES	£2.75
A944P	GF MEXICAN CHILLI PIE - CLIVES	£2.75
A955P	GF MUSHROOM & LEEK PIE - CLIVES	£2.75
A937P	GF OLIVE + LENTIL PIE - CLIVES	£2.75
ZING	GINGER ZINGER SAUERKRAUT - BIZZY BEE'S	£4.95
EX112	GOATS CHEESE - CAPRICORN	£2.59
A453P	GOATS CHEESE- LEOPOLD(CROOK)	£17.63
L151	GOATS MILK 1L - BRUTON DAIRY	£2.25
A049P	GOAT'S YOGURT - WOODLANDS	£2.75
X508P	GREEK FETA STYLE BLOCK - VIOLIFE	£2.95
S066P	GREEK SOYA YOGHURT NATURAL - SOJADE	£2.00
HALLO	HALLOUMI - CROOK & CHURN	£3.25
VOIL	HEMP SEED OIL 250ML - DEVON	£7.85
V131P	HICKORY SMOKED TURKEY STYLE SLICES	£3.15
ALANAH	HUMMUS - ALANA'S	£2.50
V396P	HUMMUS - LOW FAT DELPHI FOODS	£0.99
V141P	ITALIAN SAUSAGE - TOFURKY	£3.59
ALANAK	KALAMATA OLIVE HUMMUS - ALANA'S	£2.50
X329P	KEFIR STARTER CULTURES - NOURISH	£5.75
V142P	KIELBASA SAUSAGE - TOFURKY	£3.59
BCHKIM	KIMCHI - BATH CULTURE HOUSE	£5.40
BCHKETCH	KIMCHI KETCHUP - BATH CULTURE HOUSE	£4.50
SAV080	LARGE ORGANIC HOUMOUS 340G -SAN AMVROSIA	£4.87
BIZZHL	LEMON, LIME & CORI HUMMUS - ALANA'S	£2.50
TARTRAG	LENTIL + KALE RAGOUT TART - CLIVES	£3.20
X217P	LINCOLNSHIRE SAUSAGES- VBITES	£2.59
A400P	MARINATED TOFU ORGANIC - OASIS	£2.45
X021P	MATURE CHEDDAR (ORG) - LYE CROSS	£3.19
X518P	MATURE CHEDDAR BLOCK - VIOLIFE	£2.99

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X578P	MATURE CHEDDAR STYLE SHEESE- BUTE ISLAND	£2.15
VL215	MEDITERRANEAN STYLE BLOCK - VIOLIFE	£2.95
X142P	MEXICANA SPICEY VEGAN CHEESE	£2.59
SPR7	MIXED BEAN SPROUTS-ORG-SKY SPROUTS -SEBA	£1.70
BIZZH	MOROCCAN SPICED HUMMUS - ALANA'S	£2.50
X496P	MOZZARELLA STYLE GRATED - VIOLIFE	£2.75
SPR6	MUNG BEAN SPROUTS -ORG- SKY SPROUTS-SEBA	£1.65
A249P	NATURAL TOFU (ORG) - OASIS	£1.95
X097P	NATURAL YOGHURT YEO VALLEY	£1.69
S187P	OLIVE EXTRA MARGARINE (ORG) - BIONA	£3.55
C135P	ORGANIC VEGANNAISE- FOLLOW YOUR HEART	£3.29
A253P	ORIGINAL TEMPEH SLICES -OASIS	£2.25
X505P	PARMESAN - VIOLIFE	£3.99
X556P	PEPPER JACK STYLE - FOLLOW YOUR HEART	£3.35
PINKP	PINK PERFECTION SAUERKRAUT - BIZZY BEE'S	£4.75
V416P	PIZZA FLAVOUR TOFU FILETS -ORG- TAIFUN	£3.59
V067P	PLAIN TOFU - CLEAR SPOT	£1.85
76312	PROSOCIANO - VIOLIFE	£3.90
A220P	RAW FRIDGE CAKES (ORG) - PLOUGHSHARES	£1.15
SPR4	RED CLOVER SPROUTS -ORG- SKY SPROUTS	£1.45
BPESTO	ROCKET & CORI FRESH PESTO - 160G	£4.50
A457P	ROSARY GOATS CHEESE	£2.40
A934P	SAAG ALOO CURRY PIE - CLIVES	£2.65
X015P	SAUERKRAUT FRESH - RAW HEALTH	£4.35
L82	SEMI SKIMMED MILK 2LTR - BRUTON DAIRY	£2.75
L81	SEMI-SKIMMED MILK (1 LTR)ORG - BRUTON	£1.50
L80	SEMI-SKIMMED MILK (500ML) ORG - BRUTON	£0.85
A449P	SHEEPS CHEESE (CROOK)	£25.90
A120P	SHEEPS YOGURT - WOODLANDS	£3.10
CHEASE1	SMOKED CHIPOTLE CHILLI CHEASE - BCH	£5.49
X555P	SMOKED GOUDA STYLE - FOLLOW YOUR HEART	£3.35
V130P	SMOKED HAM STYLE SLICES - TOFURKY	£3.15
V385P	SMOKED TEMPEH - BETTER NATURE	£3.65
A246P	SMOKED TOFU (ORG) - OASIS	£2.20
V123P	SMOKY MAPLE BACON TEMPEH - TOFURKY	£4.15
SOFG	SOFT GOATS CHEESE ORG - NATUREMADE	£2.15
C161P	SOYA FREE VEGANAISE	£3.29
S047P	SOYA YOGHURT NATURAL 400G -ORG- SOJADE	£1.29
C177P	SRIRACHA VEGANAISE - FOLLOW YOUR HEART	£4.09
X208P	STREAKY STYLE RASHERS - VBITES	£2.45
TPESTO	SUNDRIED TOMATO PESTO - 160G	£4.50
S177P	SUNFLOWER MARGARINE 500G (ORG) - BIONA	£4.69

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SPR8	SUNFLOWER SPROUTS -ORG- SKY SPROUTS-SEBA	£1.65
A256P	SWEET/SOUR TEMPEH SLICES - OASIS	£2.35
V020P	TEMPEH WITH HEMP SEEDS - IMPULSE	£2.89
V045P	TEMPEH WITH SEA VEG - IMPULSE	£2.89
TMYLK	TIGER NUT MYLK 750ML - TIGERMILK	£2.35
V471P	TOFU ALMOND/SESAME SMOKED (ORG) - TAIFUN	£3.95
V001P	TOFU BASIL- TAIFUN	£3.95
V474P	TOFU GRILL SAUSAGES (ORG) - TAIFUN	£4.45
V071P	TOFU MARINATED - CLEAR SPOT	£2.25
V000P	TOFU PLAIN (ORG) 450G - CLEAR SPOT	£2.95
V005P	TOFU ROSSO- TAIFUN	£3.99
V480P	TOFU-WEINER SAUSAGES - TAIFUN	£5.25
TARTOLIVE	TOMATO & OLIVE TART - CLIVES	£3.20
V092P	VEGAN BLACK PUDDING	£1.39
X850P	VEGAN SPREAD BLOCK - NATURLI	£1.95
X851P	VEGAN SPREADABLE - NATURLI	£1.99
X605P	WHEATY MERGUEZ SAUSAGE - ORG	£3.59
L71	WHOLE MILK (1 LTR) (ORG) - BRUTON	£1.55
L70	WHOLE MILK (500ML)ORG - BRUTON	£0.99
L822	WHOLE MILK 2LTR - BRUTON DAIRY	£2.75
BCHYEAST	Y'EXTRACT VEGAN CHEASE - BCH	£6.50
HEALTH CARE		
SOLA15	48 HOUR CLEANSE - 30 CAPS - SOLARAY	£14.49
A703P	5HTP 100MG 60 CAPS - VIRIDIAN	£17.15
EX684	5HTP COMPLEX 100MG 30 TABS - NATURES AID	£9.95
NA126440	ACIDOPHILUS COMPLEX - 120'S -NATURES AID	£15.89
EX008	ACIDOPHILUS COMPLEX 60'S - NATURES AID	£9.95
SIL015	ACTIVE SILVER SPRAY REFILL 15ML- HIGHER	£9.99
QAN90	ADVANCED MULTI- HIGHER NATURE	£15.95
30454	AGNUS CASTUS TINCTURE 50ML- A.VOGEL	£10.50
PALOE	ALOE VERA CAPSULES - PUKKA	£16.95
X434P	ALOE VERA JUICE 1LT -ORG- PUKKA	£19.95
X426P	ALOE VERA JUICE 500ML -ORG- PUKKA	£10.99
ANALOE	ALOE VERA OIL 50ML AMOUR NATURAL	£4.95
SOLA10	ALPHA ACTIN PAIN RELIEF 60'S- SOLARAY	£15.99
A753P	AMINO ACID COMPLEX 90S - VIRIDIAN	£29.95
ANCANDLE	AMOUR NATURAL CANDLE	£11.95
BURNER2	AMOUR NATURAL OIL BURNER STRAIGHT	£6.50
ANREED	AMOUR NATURAL REED DIFFUSER	£9.95
P313/30	ANDROGRAPHIS -30 CAPS (ORG) - PUKKA	£9.95
MAHTI	ANGELIGA HERB EXTRACT - KOTKA	£23.00

DET007	ANTIBIOTIC 10 DAY PROBIOTICS - OPTIBAC	£5.99
A710P	ANTIOXIDANT FORMULA 30'S- VIRIDIAN	£12.15
AN1	ARGAN OIL 100ML AMOUR NATURAL	£14.95
WEL820	ARNICA 30C POTENCY - WELEDA	£7.09
N100148	ARNICA 6C CLIKPAK - NELSONS	£5.25
AN41	ARNICA INFUSED OIL 50ML - AMOUR NATURAL	£4.95
HS844704	ARNICA MASSAGE BALM- WELEDA	£8.95
N100226	ARNICARE CREAM 30G- NELSONS	£5.35
P341/30	ASHWAGANDHA - 30CAPS - PUKKA	£16.95
30408	AVENA CALM DROPS - A.VOGEL	£10.50
A713P	B COMP + MAGNESIUM (HIGH 5) 90'S - VIRI	£17.95
A712P	B COMPLEX + MAGNESIUM 30'S- VIRIDIAN	£6.95
EX570	B COMPLEX +C (90'S) - NATURES	£16.65
V232	B -COMPLEX B1 - VIRIDIAN	£17.95
A708P	B12 B-COMPLEX (HIGH12) 30'S- VIRIDIAN	£7.50
EX441	BACH FLOWER REMEDIES (20ML)	£7.49
A722P	BALANCED IRON COMPLEX - 90'S- VIRIDIAN	£15.60
A744P	BALANCED IRON COMPLEX 30'S - VIRIDIAN	£6.90
A725P	BALANCED ZINC COMPLEX - 90'S- VIRIDIAN	£18.35
A745P	BALANCED ZINC COMPLEX (30'S) - VIRIDIAN	£7.75
BALM	BALMY TIGER RUB 30ML- BALMY TIGER	£8.75
ABAS	BASIL OIL 10ML AMOUR NATURAL	£5.95
HIVE14	BEE FRIENDLY SEED PACK	£1.50
BPOL2	BEE POLLEN 100G - TREE HARVEST	£5.60
BPOL1	BEE POLLEN 50G - TREE HARVEST	£3.50
HIVE5	BEEHIVE CANDLE	£5.00
AN31	BEESWAX PELLETS 60G - AMOUR NATURAL	£3.95
HIVE18	BEESWAX WRAPS 1M 1L	£12.00
HIVE19	BEESWAX WRAPS 3 SIZES NON ORG	£15.00
HIVE16	BEESWAX WRAPS 3 SIZES ORG	£20.00
HIVE20	BEESWAX WRAPS KITCHEN PACK	£20.00
HIVE15	BEESWAX WRAPS X1 LARGE	£14.00
HIVE17	BEESWAX WRAPS X2 LARGE	£13.00
ABA010	BERGAMOT ESSENTIAL OIL - ABS AROMAS	£7.95
FMD047	BEYOND GREENS POWDER 125G - UDO'S	£16.99
FMD002	BEYOND GREENS POWDER 255G - UDO'S	£24.95
DTE041	BIFIDOBACTERIA & FIBRE PROBIOTICS - OPTI	£7.99
A704P	BILBERRY & EYEBRIGHT EXTRACT30S-VIRIDIAN	£10.65
SOLA20	BIO CITRATE MAGNESIUM 90 CAPS - SOLARAY	£10.49
HIVE1	BOBBLE CANDLE	£9.00
NA11610	BREWERS YEAST 300MG X500 - NATURES AID	£5.95
40516	BRONCHOFORCE IVY THYME DROPS- A.VOGEL	£10.50

A720P	CALCIUM MAG + ZINC POWDER-VIRIDIAN	£10.60
HS830877	CALENDOLA OINTMENT - WELEDA	£7.95
N100227	CALENDULA CREAM 30G- NELSONS	£5.35
AN42	CALENDULA INFUSED OIL 50ML - AMOUR NAT	£4.95
EX781	CANDICLEAR (30'S) - HIGHER NATURE	£6.69
CAN090	CANDICLEAR 90'S - HIGHER NATURE	£18.40
HIVE6	CANDLE MAKING KIT	£10.00
WEL838	CARBO VEG 30C HOMEOPATHIC - WELEDA	£6.95
P386	CASTOR OIL (ORG) - PUKKA	£9.99
AMMACBD	CBD OIL 10% - AMMA LIFE	£52.00
BRISCB10	CBD OIL 10% - BRISTOL CBD	£49.99
BRISCB3	CBD OIL 3% - BRISTOL CBD	£16.99
CBDSPRAY	CBD OIL 3% 20ML SPRAY - BRISTOL CBD	£30.99
BRISCB5	CBD OIL 5% - BRISTOL CBD	£25.99
BCBD3	CBD OIL DROPPER - 3%	£16.99
AMMA20	CBD PASTE 20% - AMMA LIFE	£17.00
AMMA30	CBD PASTE 30% - AMMA LIFE	£55.00
ABA020	CEDARWOOD ESSENTIAL OIL - ABS AROMAS	£4.50
87987	CEDARWOOD INCENSE - MAROMA	£3.10
PAKURI	CHAGA EXTRACT - KOTKA	£24.00
HS851741	CHARCOAL TABLETS 100S -BRAGGS	£5.15
HS682047	CHERRY ACTIVE 30 CAPSULES- CHERRY ACTIVE	£10.99
SOLA02	CHEWABLE VIT C - 500MG - SOLARAY	£7.95
EX009	CHEWABLE VITAMIN C(500MG)-NATURES AID	£4.99
CVT180	CHILDREN'S MANUKA HONEY ELIXIR - COMVITA	£17.49
SOLA06	CHOLESTEROL MAINTENENCE -60'S- SOLARAY	£19.99
EX571	CHROMIUM PICCOLINATE (90'S) - NATURES AI	£7.75
CIN0010	CINNAMON OIL 10ML AMOUR NATURAL	£3.45
EX784	CITRICIDAL 100MLS - HIGHER NATURE	£25.99
EX848	CITRICIDAL LIQUID (25ML) - HIGHER NATURE	£6.89
EX846	CITRICIDAL LIQUID (45ML) - HIGHER NATURE	£12.99
93408	CITRONELLA - ABS AROMAS	£3.95
AN16	CITRONELLA OIL 10ML AMOUR NATURAL	£2.95
AN5	CITRONELLA OIL 50ML AMOUR NATURAL	£7.95
ABA050	CLARY SAGE ESSENTIAL OIL - ABS AROMAS	£7.79
P381	CLEAN CHLORELLA 150 TABS - ORG - PUKKA	£13.95
CLEANGREEN	CLEAN GREENS CAPSULES 60 - PUKKA	£17.45
P380/SX20	CLEAN GREENS SACHET - PUKKA	£1.25
AN23	CLOVE BUD OIL 10ML AMOUR NATURAL	£3.45
AN32	COCONUT OIL FRACTIONATED - AMOUR NATURAL	£3.75
NA005	COMFREY OIL - 150ML - NATURES AID	£3.95
EX668	COMPLETE MULTIVITAMINS & MINERALS (90) -	£4.45

0360	CO-Q10 WITH MCT 30MG - VIRIDIAN	£11.19
0361	CO-Q10 WITH MCT 60MG - VIRIDIAN	£21.95
SOLA24	CORDYSEPS MUSHROOM 500MG - SOLARAY	£17.49
A732P	CRANBERRY BERRY (30'S) - VIRIDIAN	£6.80
HS881631	D LUX VIT D3 SPRAY 1000IU - BETTER YOU	£7.35
HS880948	D LUX VIT D3 SPRAY 3000IU - BETTER YOU	£8.45
ANDEF	DEFENSE OIL 10ML AMOUR NATURAL	£4.95
ABA570	DE-STRESS ESSENTIAL OIL - ABS AROMAS	£7.99
A717P	DIGESTIVE AID - VIRIDIAN	£8.30
144920	D-MANNOSE - NATURES AID	£16.95
NA144	D-MANNOSE 1000MG 60'S - NATURES AID	£16.95
40510	DORMESAN VALERIAN HOPS VOGEL BIOFORCE	£10.50
A701P	ECHINACEA TINCTURE- 100% ORG- VIRIDIAN	£9.60
30317	ECHINAFORCE DROPS 100ML A.VOGEL BIOFORCE	£17.99
30418	ECHINAFORCE DROPS 15ML A.VOGEL BIOFORCE	£4.50
30316	ECHINAFORCE DROPS 50ML A.VOGEL BIOFORCE	£10.50
40503	ECHINAFORCE SORE THROAT SPRAY- A.VOGEL	£10.99
30456	ECHINAFORCE TABS X42 - A.VOGEL BIOFORCE	£4.99
125110	ECHINEEZE ECHINACEA TAB 30S -NATURES AID	£3.95
EX557	ECHINEEZE ECHINACEA TAB 90S -NATURES AID	£8.85
P311	ELDERBERRY SYRUP 100ML - PUKKA	£14.99
A738P	ELDERBY MNUKA THROAT SPRY- ORG- VIRIDIAN	£17.00
SOLA19	ENHANCED75 MULTIVIT 60 CAPS - SOLARAY	£14.50
FMD005	ENZYME BLEND - UDO'S	£21.39
FMD007	ENZYME BLEND TRAVEL PACK - UDO'S	£8.95
SUK010	EPRESAT MULTI LIQUID 250ML-SALUS	£11.85
P382	ESSENTIAL SPIRULINA 150 TAB -ORG- PUKKA	£13.95
A264P	ESTER C 950MG 30- VIRIDIAN	£11.05
A714P	ESTER C 30'S- VIRIDIAN	£7.20
A715P	ESTER C 950MG 90'S - VIRIDIAN	£29.40
75911	EUCALYPTUS - ABS AROMAS	£3.95
AN17	EUCALYPTUS OIL 10ML AMOUR NATURAL	£2.95
AN6	EUCALYPTUS OIL 50ML AMOUR NATURAL	£9.95
13722	EVENING PRIM OIL 90S - NATURES AID	£6.99
DET010	EVERYDAY PROBIOTICS - OPTIBAC	£12.99
A0219	EXTRA C 950MG 90'S - VIRIDIAN	£29.95
AN37	FACE OILS KIT 4 PACK - AMOUR NATURAL	£8.95
FIND2	FINDHORN ESSENCES EROS	£9.50
FIND5	FINDHORN ESSENCES FIRST AID	£9.50
FIND1	FINDHORN ESSENCES LIFE FORCE	£9.50
FIND3	FINDHORN ESSENCES PSYCHIC PROTECTION	£9.50
EX766	FIZZY C (20) - HIGHER NATURE	£7.95

HNA200	FLAX OIL 60 CAPS 1000MG - HIGHER NATURE	£7.19
EX685	FLAXSEED OIL 90 CAPS - NATURES AID	£9.99
SUK180	FLORADIX CALCIUM LIQUID SUPP-250ML-SALUS	£9.45
Z025P	FLORADIX FLORAVITAL (250ML)-SALUS-HAUS	£10.99
Z024P	FLORADIX FLORAVITAL (500ML)-SALUS-HAUS	£16.99
SUK070	FLORADIX KINDERVITAL CHILDREN 250ML	£10.20
Z001P	FLORADIX LIQUID IRON (250ML)SALUS-HAUS	£11.05
Z002P	FLORADIX LIQUID IRON(500ML)-SALUS-HAUS	£18.92
Z012P	FLORADIX TABS (84)-SALUS-HAUS	£11.65
ABA550	FOCUS ESSENTIAL OIL - ABS AROMAS	£5.75
A751P	FOLIC ACID W/DHA 90'S- VIRIDIAN	£12.00
HS853648	FOOD STATE MULTVIT MINERALS- NATURES OWN	£21.95
DTE070	FOR BABIES & CHILDREN - OPTIBAC	£16.99
DTE059	FOR WOMEN PROBIOTICS - OPTIBAC	£18.99
10508	FRANKINCENSE INCENSE - MAROMA	£3.10
AN24	FRANKINCENSE OIL 10ML AMOUR NATURAL	£9.85
A747P	GARLIC 500MG ORGANIC (30'S) - VIRIDIAN	£9.85
GBBFG	GB 5% CBD OIL - BLACK FOREST MCT	£32.75
GBCHOC	GB 5% CBD OIL - CHOCO MCT	£32.75
GBPEPPER	GB 5% CBD OIL - PEPPERMINT	£32.95
ABA080	GERANIUM ESS. OIL - ABSOLUTE AROMAS	£7.50
ANGI	GINGER OIL 10ML AMOUR NATURAL	£5.95
BHL090	GINGER ROOT 500MG 60 CAPS- BIO HEALTH	£8.45
NA130220	GINGER,TURMERIC BROMELAIN - NATURES AID	£8.45
A740P	GINKGO BILOBA TINCTURE- ORG- VIRIDIAN	£7.95
P384	GLOW - 30CAPS - PUKKA	£16.79
EX734	GLUCOSAMINE HCL (90) (VEGETARIAN)	£14.95
GLG090	GLUTAMINE 500MG (90'S) - HIGHER NATURE	£12.49
EX776	GLUTAMINE POWDER (100G)-HIGHER NATURE	£13.49
ABA510	GOODNIGHT ESSENTIAL OIL - ABS AROMAS	£5.99
A706P	GRAPE SEED EXTRACT (30'S) - VIRIDIAN	£11.70
ABA090	GRAPEFRUIT ESSENTIAL OIL - ABS AROMAS	£5.50
EX744	HAEMORRHOID CREAM - NELSONS	£5.29
AN52	HEALTH & TRAVEL OILS KIT 4 PACK - AMOUR	£10.95
142500	HERBAL MUCUS COUGH SYRUP - 150ML	£3.95
A727P	HIGH 5 MULTIVITS & MINS 60'S- VIRIDIAN	£15.90
A726P	HIGH 5 MULTIVIT & MINS 30'S- VIRIDIAN	£8.49
A728P	HIGH 5 MULTIVIT & MINS 90'S- VIRIDIAN	£22.65
BCC030	HIGH STRENGTH B COMPLEX - HIGHER NATURE	£8.60
HIVE10	HONEY LIP BALM	£4.00
HIVE8	HUGS CANDLE	£9.00
838813	INFANT VIT-D SPRAY - BETTER YOU	£6.35

Z120P	INSECT REPELLANT A.VOGEL	£5.95
SUK170	INTESTCARE LIQUID DIGESTION -250ML-SALUS	£14.59
AN40	JASMINE OIL 5% 10ML AMOUR NATURAL	£6.95
A731P	JOINT COMPLEX 30S -VIRIDIAN	£9.65
AN2	JOJOBA OIL 100ML AMOUR NATURAL	£9.85
838805	JUNIOR VIT-D SPRAY - BETTER YOU	£6.65
ABA110	JUNIPER BERRY ESSENTIAL OIL - ABS AROMAS	£8.75
Z042P	LACTASE 200MG - QUEST	£9.69
85468	LAVENDER INCENSE - MAROMA	£3.10
AN15	LAVENDER OIL 10ML AMOUR NATURAL	£3.45
AN7	LAVENDER OIL 50ML AMOUR NATURAL	£11.95
ABA140	LEMON ESSENTIAL OIL - ABS AROMAS	£4.30
AN28	LEMON MRTYLE OIL 10ML AMOUR NATURAL	£5.45
AN18	LEMONGRASS OIL 10ML AMOUR NATURAL	£2.95
AN8	LEMONGRASS OIL 50ML AMOUR NATURAL	£9.95
A288P	LIQUID VITAMIN D3- VIRIDIAN	£12.85
A734P	L-LYSINE 30S - VIRIDIAN	£6.90
A021P	L-THEANINE AND LEMON BALM- VIRIDIAN	£16.15
EX802	LYSINE (90'S) - HIGHER NATURE	£9.15
RGR740101	MACA SUPERFOOD 60'S -ORG- ROYAL GREEN	£15.49
HS828418	MAGNESIUM FROM MARINE SALT 30S -TOGETHER	£6.95
SUK190	MAGNESIUM LIQUID SUPP-250ML-SALUS	£9.55
A718P	MAGNESIUM W/ B6 30 CAPS - VIRIDIAN	£6.09
328	MAGNESIUM W/ B6 30 CAPS - VIRIDIAN	£10.20
ABA150	MARJORAM ESSENTIAL OIL - ABS AROMAS	£6.75
MARG	MARJORAM OIL (SWEET) 10ML AMOUR NATURAL	£5.95
HS828202	MASSAGE OIL W/ARNICA - WELEDA	£16.95
MAYC	MAY CHANG 10ML AMOUR NATURAL	£2.95
81048	MEDIHONEY DERMA CREAM - COMVITA	£9.95
SOLA18	MEGA B-STRESS TR 60 CAPS - SOLARAY	£9.99
EX855	MEGA GINGKO BILOBA (30) - HIGHER NATURE	£5.19
EX794	MEGA GINGKO BILOBA (90'S) - HIGHER NATUR	£11.70
SWB100	MENOHERB BLACK COHOSH 30 TABS- SCHWABE	£10.49
MENO90	MENOPHASE (90'S) - HIGHER NATURE	£20.15
EX838	MENOPHASE(30'S)-HIGHER	£7.79
SOLA09	MIGHTIDOPHILUS 12 STRAINS 100'S -SOLARAY	£23.99
SOLA14	MIGHTIDOPHILUS 12 STRAINS 30'S - SOLARAY	£8.99
A746P	MILK THISTLE (30'S) - VIRIDIAN	£9.45
40406	MILK THISTLE TINCTURE 50ML A.VOGEL	£10.50
A741P	MILK THISTLE TINCTURE- 100%ORG- VIRIDIAN	£8.95
HIVE11	MINT LIP BALM	£4.00
BMIX	MIXING BOTTLE 30ML- BACH	£2.15

EX829	MSM ORGANIC SULPHUR (90'S) - HIGHER NATU	£9.25
SOLA03	MSM TABLETS - 1000MG - SOLARAY	£9.99
BKL020	MULTI STRAIN PROBIO -60 CAPS- BIO KULT	£17.75
BKL010	MULTI STRAIN PROBIOTIC-30 CAPS- BIO KULT	£9.67
SOLA07	MULTISAURUS CHEWABLE VITS 60 TAB-SOLARAY	£6.99
P312	MUSHROOM GOLD - PUKKA	£21.95
AN38	MUSLIN CLEANSING CLOTH -ORG - AMOUR	£3.95
AN39	MYRRH OIL 10ML AMOUR NATURAL	£6.45
NG100	NANO GOLD 100ML - NOBLE	£24.99
NG1L	NANO GOLD 1L - NOBLE	£71.75
NG200	NANO GOLD 200ML - NOBLE	£45.00
NMX200	NANO MAGNESIUM X STRONG 200ML - NOBLE	£23.25
NMX1L	NANO MAGNESIUM X STRONG 70MG 1L - NOBLE	£44.55
NP1L	NANO PLATINUM 1L - NOBLE	£71.75
NS100	NANO SILVER 100ML - NOBLE	£21.50
NANOS	NANO SILVER 15ML - NOBLE	£11.50
NS1L	NANO SILVER 1L - NOBLE	£49.00
NS200	NANO SILVER 200ML - NOBLE	£32.00
NANOZ	NANO ZINC 15ML - NOBLE	£11.50
NANOZINC	NANO ZINC 200ML - NOBLE	£19.75
NZCL1L	NANO ZINC/COPPER 1L - NOBLE	£38.15
P314	NATURAL VITAMIN C-60 CAPS (ORG) - PUKKA	£14.95
TE290	NATURAL VITAMIN E- HIGHER NATURE	£28.90
AN3	NEEM OIL 100ML AMOUR NATURAL	£4.95
ABA170	NEROLI ESSENTIAL OIL - ABS AROMAS	£7.95
PUNITI	NIGHT TIME - PUKKA	£7.45
N100138	NOCTURA TABLETS - NELSONS	£5.50
EX856	OCEAN KELP - HIGHER NATURE	£7.55
OKIC2	OKINAWA CORAL 100G - NOBLE	£48.50
OKIC1	OKINAWA CORAL 50G - NOBLE	£27.00
SOLA16	OLIVE LEAF 250MG - SOLARAY	£7.45
ABA180	ORANGE ESSENTIAL OIL - ABSOLUTE AROMAS	£3.95
AN35	OREGANO OIL 10ML AMOUR NATURAL	£9.95
OOC030	OREGANO OIL 50MG (30'S) - HIGHER NATURE	£6.69
DH155	ORG SHIITAKE MUSHROOM 60 CAPS - WISDOM	£22.99
AN47	ORGANIC CASTOR OIL 100ML - AMOUR NATURAL	£3.95
A705P	ORGANIC ECHINACEA 400MG 60S - VIRIDIAN	£14.45
SOLA08	ORGANIC EVENING PRIMROSE OIL - SOLARAY	£23.99
AN45	ORGANIC LAVENDER OIL 10ML AMOUR NATURAL	£5.95
RGR740051	ORGANIC SPIRULINA B12 60'S- ROYAL GREEN	£10.99
AN44	ORGANIC SWEET ALMOND OIL 100ML - AMOUR	£6.95
AN46	ORGANIC TEA TREE OIL 10ML AMOUR NATURAL	£3.95

40421	PASSIFLORA TINCTURE 50ML- A.VOGEL	£10.50
ABA190	PATCHOULI ESS. OIL - ABSOLUTE AROMAS	£4.95
AN19	PEPPERMINT OIL 10ML AMOUR NATURAL	£3.45
AN9	PEPPERMINT OIL 50ML AMOUR NATURAL	£9.95
PNE0010	PINE OIL 10ML AMOUR NATURAL	£3.45
EX451	POLLENNA TABLETS - NELSONS	£5.49
60691	POLLINOSAN HAYFEVER 120 TABS - A.VOGEL	£10.50
60690	POLLINOSAN HAYFEVER 80 TABS - A.VOGEL	£10.50
A735P	PREGNANCY COMPLEX 60'S- VIRIDIAN	£15.60
P506	PREMENSTRUAL TRANQUILITY 30'S - PUKKA	£16.95
EX790	PROBIO-INTENSIVE-30 CAPS- HIGHER NATURE	£9.75
DTE071	PROBIOTIC DROPS BABY - OPTIBAC	£14.99
CVT140	PROPOLIS HERBAL ELIXIR - COMVITA	£17.49
CVT120	PROPOLIS LOZENGES LEMON & HONEY- COMVITA	£4.99
HS608737	PROPOLIS ORAL SPRAY PROTECTION- COMVITA	£14.75
HIVE13	PROPOLIS SALVE	£6.00
FIND10	PROSPERITY SPRAY GLASS 50ML	£9.99
FIND9	PROSPERITY SPRAY PLASTIC 50ML	£9.99
SUK160	PROTECTOR 4 HEART LIQUID-250ML-SALUS	£13.70
A743P	QUERCETIN B5 PLUS COMPLEX 60'S- VIRIDIAN	£17.89
STICKS	RATTAN REED BUNDLE - AMOUR NATURAL	£0.95
A295P	RED CLOVER 40MG (30'S) -NATURES AID	£11.10
REFIL1	REED DIFFUSER REFILL - AMOUR NATURAL	£14.95
ABA520	RELAXATION ESSENTIAL OIL - ABS AROMAS	£5.50
AN50	RELAXING + SOOTHING OILS - AMOUR NATURAL	£13.95
EX438	RESCUE NIGHT	£7.00
EX508	RESCUE PASTILLES	£6.25
NS-LOZ	RESCUE PLUS LOZENGE-BACH	£3.99
EX506	RESCUE REMEDY (10ML) - BACH FLOWER	£8.45
EX507	RESCUE REMEDY (20ML) - BACH FLOWER	£10.95
EX439	RESCUE REMEDY CREAM - BACH FLOWER	£5.85
SINNI	RHODIOLA ROSEA HERB EXTRACT - KOTKA	£23.00
A748P	RHODIOLA ROSEA MAX POTENCY 30S- VIRIDIAN	£11.39
WEL885	RHUS TOX .30C HOMEOPATHIC - WELEDA	£6.95
WEL300	RHUS TOX OINTMENT HOMEOPATHIC - WELEDA	£7.95
HIVE3	ROLLED CANDLES (PAIR)	£8.00
AN33	ROSE 5% IN COCONUT 10ML AMOUR NATURAL	£4.75
AN34	ROSE ABSOLUTE 2ML AMOUR NATURAL	£12.99
HIVE9	ROSEHIP LIP BALM	£4.00
AN20	ROSEMARY OIL 10ML AMOUR NATURAL	£2.95
AN10	ROSEMARY OIL 50ML AMOUR NATURAL	£9.40
WEL887	RUTA GRAV 30C HOMEOPATHIC - WELEDA	£6.95

DTE69	SACCHAROMYCE BOULARDII PROBIOTICS - OPTI	£14.99
FIND7	SACRED SPACE SPRAY GLASS 50ML	£9.99
A702P	SAGE TINCTURE- 100% ORG- VIRIDIAN	£9.50
SUK115	SALUDYNAM CAL MAG ZINC VITD-250ML-SALUS	£11.92
13274	SANDALWOOD INCENSE - MAROMA	£3.10
SOLA21	SAW PALMETTO 60 CAPS- ORG- SOLARAY	£9.99
30342	SAW PALMETTO DROPS A.VOGEL BIOFORCE	£10.50
EX662	SEA KELP 187MG (180S) - NATURES AID	£4.55
PWELL	SEASONAL WELLNESS - PUKKA	£9.99
A739P	SELENIUM 200UG - VIRIDIAN	£7.15
EX751	SEROTONE 5HTP 100MG (30'S) - HIGHER NATU	£12.10
NA10120	SIBERIAN GINSENG 600MG 90'S-NATURES AID	£9.45
HS857003	SILICEA HAIR,SKIN,NAILS 30 CAPS - HUBNER	£15.49
EX681	SLEEPEEZY 60'S 150MG - NATURES AID	£9.95
HIVE7	SMALL BEE CANDLE	£5.00
HIVE2	SMALL HEXAGON CANDLE	£3.00
AN48	SOAPSTONE OIL BURNER - AMOUR NATURAL	£10.45
G11070	SOOTHING ARNICA GEL 50ML -ORG- ORGANII	£3.99
SOLA17	SOOTHING BOWEL FORMULA - SOLARAY	£11.75
NIM002	SOVEREIGN COLLOIDIAL SILVER SPRAY 60ML	£16.95
APPLE14	SPATONE IRON 14 DAY APPLE VIT C	£7.99
RL800	SPATONE IRON 28 DAY APPLE VIT C	£12.49
RL750	SPATONE IRON SUPPLEMENT 14 DAY PACK	£6.99
RL700	SPATONE IRON SUPPLEMENT 28 DAY PACK	£11.49
35497	SPIRULINA TABS 500MG - GOLDEN GREENS	£6.98
LST020	SPIRULINA TABS 500MG (200 S)- LIFESTREAM	£15.90
Z511P	SPIRULINA TABS(200S)-ORG-SYNERGY NATURAL	£19.75
KERKKA	SPRUCE SPROUT POWDER - KOTKA	£19.00
EX752	ST JOHNS WORT MOOD UPLIFT - HIGHER NATUR	£13.75
FMD020	SUPER 8 PROBIOTICS - 30'S	£25.49
FMD043	SUPER 8 PROBIOTICS - 60'S	£45.49
SMAG030	SUPER MAGNESIUM- HIGHER NATURE	£8.60
EX786	SUPERGEST 30'S - HIGHER NATURE	£6.65
AN4	SWEET ALMOND OIL 100ML - AMOUR NATURAL	£2.95
T033P	SWEET ALMOND OIL C/P - AQUA OLEUM	£4.26
AN11	SWEET ORANGE OIL 50ML AMOUR NATURAL	£7.95
AN21	SWEET ORANGE OIL 10ML AMOUR NATURAL	£2.95
A716P	SYMBIOTIC DAILY F.O.S 30'S VIRIDIAN	£8.85
A709P	SYMBIOTIC DAILY F.O.S. 90'S- VIRIDIAN	£22.50
HIVE4	TALL HEXAGON CANDLE	£6.00
TEAL	TEA LIGHTS - TREE HARVEST	£4.50
EX440	TEA TREE CREAM - NELSONS	£5.15

AN14	TEA TREE OIL 10ML AMOUR NATURAL	£2.95
AN12	TEA TREE OIL 50ML AMOUR NATURAL	£9.95
BURNER	TEAR DROP OIL BURNER -AMOUR NATURAL	£7.95
NS100226	TEETHING GRANULES- NELSONS	£5.55
WEL905	THUJA 30C POTENCY - WELEDA	£6.95
A724P	TRACE MINERAL COMPLEX - VIRIDIAN	£20.95
N100140	TRAVELLA TABLETS - NELSONS	£5.49
EX768	TRUE FOOD B-COMPLEX (30) - HIGHER NATURE	£8.15
EX809	TRUE FOOD B-COMPLEX (90) - HIGHER NATURE	£20.90
TIR090	TRUE FOOD EASY IRON (90) - HIGHER NATURE	£8.95
EX853	TRUE FOOD MAXI Q10	£26.59
TSN090	TRUE FOOD SUPER NUTRITION PLUS (90) - HI	£20.85
EX765	TRUE FOOD VIT E CAP (30) - HIGHER NATURE	£9.95
EX840	TRUE FOOD ZINC (90) - HIGHER NATURE	£11.85
P362	TURMERIC ACTIVE - 30CAPS - PUKKA	£15.95
PUTUAC	TURMERIC ACTIVE - 60CAPS - PUKKA	£28.95
HS877662	TURMERIC DAILY ORAL SPRAY - BETTER YOU	£17.49
P369	TURMERIC LIFEKIND - PUKKA	£16.95
EX680	U CALM ST JOHNS WORT 330MG - NATURES AID	£11.10
RL32004	ULT FLORA FOR KIDS (10BL) - 30'S - RENEW	£19.95
A737P	ULTIMATE BEAUTY OIL 200ML - VIRIDIAN	£10.19
HS882928	ULTIMATE FLORA (50BL) - 30CAPS - RENEW	£41.95
FMD023	ULTIMATE OIL BLEND 250ML -ORG- UDO'S	£12.45
FMD024	ULTIMATE OIL BLEND 500ML -ORG- UDO'S	£22.99
AN43	ULTRASONIC OIL DIFFUSER- AMOUR NATURAL	£29.99
DIF0002	ULTRASONIC WOOD EFFECT OIL DIFFUSER	£39.50
SOLA26	VEGAN ENZYMES 4 DIGESTION - SOLARAY	£6.95
SOLA04	VEGAN JOINT FORMULA - SOLARAY	£20.45
A755P	VEGAN VIT D3 2000IU 60 S- VIRIDIAN	£14.00
ONE034	VEGAN VIT D3 MAX SPRAY - ONE NUTRITION	£9.95
A711P	VIRIDIKID MULTI 90 MINI CAPS- VIRIDIAN	£15.99
HS879270	VIT B12 DAILY ORAL SPRAY - BETTER YOU	£11.95
HS871459	VIT B12 DIET SUPPORT 60S -TOGETHER	£12.95
EX658	VIT C T/ R 1000MG 90S EX- NATURES AID	£9.95
129330	VIT D3 (1000IU) - NATURES AID	£6.95
P370/SX20	VITALISE SACHET - PUKKA	£1.35
Z273P	VITAMIN B12 (60'S) - QUEST	£7.50
Z289P	VITAMIN C 1000MG TR (V) - 60'S -QUEST	£11.55
HS827238	VITAMIN C WHOLE FOOD 30S -TOGETHER	£7.95
141110	VITAMIN D3 SPRAY 2500IU - NATURES AID	£11.95
A0295	VITAMIN E 30'S - VIRIDIAN	£11.05
A258P	VITAMIN K2- VIRIDIAN	£17.10

EX661	VITC LOW ACID 90'S(XTRA) - NATURES AID	£9.95
PNEEM	WHOLISTIC NEEM - PUKKA	£16.95
P372	WHOLISTIC SHATAVARI- 30CAPS - ORG- PUKKA	£15.95
P323	WHOLISTIC TRIPHALA - ORG - PUKKA	£14.99
P360	WHOLISTIC TURMERIC 30 CAPS - ORG - PUKKA	£16.95
WT60	WHOLISTIC TURMERIC 60 CAPS - ORG - PUKKA	£29.95
MUSTI	WILD BLUEBERRY POWDER - KOTKA	£13.00
PUOLU	WILD LINGONBERRY POWDER - KOTKA	£13.00
A729P	WOMAN 40+ MULTI 60'S- VIRIDIAN	£26.23
P331/MENO	WOMANKIND MENOPAUSE - 30CAPS - PUKKA	£16.95
P331	WOMANKIND W/B6 - 30CAPS - PUKKA	£16.95
HIVE12	WORKER BEE HAND SALVE	£6.00
SOLA13	YEAST CLEAVE - 90 CAPS - SOLARAY	£16.99
AN22	YLANG YLANG OIL 10ML AMOUR NATURAL	£4.95
AN13	YLANG YLANG OIL 50ML AMOUR NATURAL	£15.95
YONILOVE	YONI LOVE CBD OIL	£13.50
0955	Z GEL ALL PURPOSE SOOTHING GEL	£8.45
ZC090	ZINC 90'S - HIGHER NATURE	£6.75
EX561	ZINC LOZENGE(P/MINT)(30'S) - NATURES AID	£4.40
EX566	ZINC PICOLINATE (30'S) - NATURES AID	£3.85

HERBS

S015C	ALFALFA SEEDS (ORG)	£19.85
TH123	AMLA FRUIT POWDER (ORG)	£19.35
H912D	ANISEED (ORG)	£14.30
H905D	ARROWROOT (ORG)	£17.95
TH151	ASAFOETIDA	£28.99
TH24	BAOBAB FRUIT (ORG)	£31.00
H820D	BASIL (ORG)	£19.99
H850P	BASIL (ORG) 20G- ESSENTIAL	£1.45
H827D	BAY LEAVES (ORG)	£29.00
H851P	BAY LEAVES (ORG) 10G - ESSENTIAL	£1.39
H890P	BLACK ONION SEED(ORG) 10G - ESSENTIAL	£1.35
TH10	CACAO NIBS (ORG)	£18.25
TH15	CACAO POWDER (ORG)	£14.25
H525C	CARAWAY SEEDS	£13.80
H527D	CARDAMOM PODS (GREEN)	£55.95
H529D	CARDAMOM SEEDS	£45.00
H908D	CARDAMON GROUND (ORG)	£60.60
H892P	CAYENNE PEPPER (ORG) 35G- ESSENTIAL	£1.35
H828D	CAYENNE PEPPER BLEND (ORG)	£26.99
H534D	CELERY SALT	£4.90

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H835D	CHAMOMILE FLOWERS (ORG)	£35.80
H910D	CHILLI GROUND (ORG)	£27.99
H856P	CHILLI POWDER (ORG) 25G - ESSENTIAL	£1.45
H628D	CHILLIES CRUSHED	£17.95
H545D	CHINESE FIVE SPICE	£10.00
H612D	CHIPOTLE CHILLIES CRUSHED	£42.99
LTCINNAMON	CINNAMON (ORG) - SRI LANKA	£37.99
H854P	CINNAMON BARK (ORG) 15G - ESSENTIAL	£1.35
H831D	CINNAMON GROUND (ORG)	£35.95
H900D	CINNAMON QUILLS (ORG)	£55.65
H901D	CLOVES GROUND (ORG)	£22.90
H836D	CLOVES WHOLE (ORG)	£40.50
TH138	COLTSFOOT LEAVES	£18.90
H559D	COMFREY LEAF	£16.10
H829D	CORIANDER GROUND (ORG)	£12.50
H837D	CORIANDER SEED (ORG)	£12.00
H858P	CORIANDER SEED (ORG) 40G - ESSENTIAL	£1.25
H839D	CUMIN GROUND (ORG)	£13.25
H838D	CUMIN SEED (ORG)	£12.50
H860P	CUMIN SEED (ORG) 25G- ESSENTIAL	£1.35
H895P	CURRY LEAVES (ORG) 5G - ESSENTIAL	£1.45
H840D	CURRY POWDER (ORG)	£17.00
TH30	DILL WEED (ORG) - TREE HARVEST	£19.59
H615D	FAJITA SEASONING	£12.70
H823D	FENNEL SEEDS (ORG)	£15.75
H904D	FENUGREEK SEED (ORG)	£12.95
TH155	GALANGAL ROOT POWDER	£35.65
H803C	GARAM MASALA (ORG)	£14.99
H883P	GARAM MASALA (ORG) 25G - ESSENTIAL	£1.35
H911D	GARLIC POWDER - ORG	£14.00
H830D	GINGER GROUND (ORG)	£17.30
F008C	GOJI BERRIES	£16.40
H853P	GREEN CARDAMON WHOLE (ORG) - ESSENTIAL	£1.25
H889P	GROUND ALLSPICE (ORG) 20G - ESSENTIAL	£1.39
H859P	GROUND CORIANDER (ORG) 40G - ESSENTIAL	£1.35
H861P	GROUND CUMIN (ORG) 25G - ESSENTIAL	£1.35
H869P	GROUND NUTMEG (ORG) 20G - ESSENTIAL	£1.45
H884P	HERBS DE PROVENCE (ORG) 20G - ESSENTIAL	£1.35
H619D	JERK SEASONING	£13.95
H885P	JUNIPER BERRIES (ORG) 30G - ESSENTIAL	£1.45
H720D	LAVENDER (ORG)	£32.50
TH101	LEMON VERBENA	£19.99

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TH12	LEMONBALM LEAVES	£24.60
TH129	LIQUORICE ROOT STICKS	£19.50
TH11	MACA (ORG)	£22.35
P751P	MAFTOUL - ZAYTOUN	£3.19
H886P	MARJORAM (ORG) 10G - ESSENTIAL	£1.39
TH20	MATE (ORG)	£21.25
H849D	MIXED HERBS (ORG)	£19.95
H865P	MIXED HERBS (ORG) 20G - ESSENTIAL	£1.35
H846D	MIXED SPICE (ORG)	£20.00
H866P	MIXED SPICE (ORG) 30G - ESSENTIAL	£1.45
H907D	MUSTARD SEED BROWN (ORG)	£9.55
H624C	MUSTARD SEED YELLOW (ORG)	£10.20
H611C	NIGELLA SEED	£7.50
H632C	NUTMEGS GROUND	£15.00
H633D	ONION POWDER	£7.45
H824D	OREGANO (ORG)	£38.50
H870P	OREGANO (ORG) 20G - ESSENTIAL	£1.35
H832D	PAPRIKA (ORG)	£19.55
H871P	PAPRIKA (ORG) 25G - ESSENTIAL	£1.39
H804C	PAPRIKA SMOKED (ORG)	£28.60
H872P	PARSLEY (ORG) 15G - ESSENTIAL	£1.35
TH14	PASSIONFLOWER HERB	£26.85
TH09	PAU D'ARCO BARK	£16.10
H844D	PEPPER BLACK GROUND (ORG)	£22.85
H645D	PEPPERCORN MIX	£25.95
H833C	PEPPERCORNS BLACK (ORG)	£25.95
H850D	PEPPERMINT (ORG)	£39.50
H874P	POPPY SEED (ORG) 40G - ESSENTIAL	£1.39
H649C	POPPY SEED BLUE (ORG)	£15.00
H652C	PSYLLIUM HUSKS	£22.20
H661D	RAS EL HANOUT	£13.95
TH170	RASPERRY LEAF	£16.80
TH136	ROSE PETALS - TREE HARVEST	£30.99
H659D	ROSEHIP	£14.30
H875P	ROSEMARY (ORG) 20G - ESSENTIAL	£1.35
H848D	ROSEMARY(ORG)	£8.99
H665P	SAFFRON 10G BOX - SPAIN	£7.35
H825D	SAGE (ORG)	£22.00
H876P	SAGE (ORG) 25G - ESSENTIAL	£1.35
TH13	SALT PINK HIMALAYAN CRYSTALS	£8.45
TH152	SALT PINK HIMALAYAN FINE	£8.45
TH22	SLIPPERY ELM	£76.30

TH144	ST JOHNS WORT FLOWERING HERB	£21.95
H810D	STAR ANISE (ORG)	£33.00
H888P	STAR ANISE (ORG) 15G - ESSENTIAL	£1.35
H000D	SUMAC GROUND BERRIES	£19.80
H826D	THYME (ORG)	£11.80
H878P	THYME (ORG) 25G - ESSENTIAL	£1.39
H845D	TURMERIC (ORG)	£12.99
LTTURMERIC	TURMERIC (ORG) - SRI LANKA	£29.95
H879P	TURMERIC (ORG) 30G - ESSENTIAL	£1.35
H868P	WHOLE NUTMEG (ORG) 20G - ESSENTIAL	£1.39
H841D	WHOLE NUTMEGS (ORG)	£29.00
H806P	ZAATAR HERB MIX 80G- ZAYTOUN	£3.89

HOUSEHOLD

C606P	ALL PURPOSE SANITISER SPRAY - BIO D	£2.85
BAMBCUT	BAMBOO CUTLERY SET - I AM ECOIST	£15.00
SOAPD	BAMBOO SOAP DISH	£8.50
SOAPD2	BAMBOO SOAP DISH ROUND	£8.50
X359P	BAMBOO SUSHI MAT - CLEARSPRING	£1.35
TOOTHBCASE	BAMBOO TOOTHBRUSH CASE HYDROPHIL	£9.80
C612P	BATHROOM SPRAY CLEANER 500ML - BIO-D	£2.85
C953P	BIO- D - FABRIC CONDITIONER	£2.45
C949P	BIO- D - LAUNDRY LIQUID	£5.25
C779P	BIO- D - LAUNDRY LIQUID LAVENDER	£5.75
C695P	BIO- D - MULTI SURFACE SANITISER	£2.79
KUBE4	BODYWASH BEAUTY KUBES	£7.80
C926P	BOTTLE BRUSH - LOOFCO	£3.20
T347P	BULK H/W LAVENDER & GERANIUM 100ML	£0.85
T362P	BULK H/W PINK GRAPEFRUIT 100ML	£0.85
CGLOVE	CIRCULATION GLOVE	£11.70
T607P	COCONUT CONDITIONER BULK - 100ML	£1.10
KUBE3	CONDITIONING HAIR MASK BEAUTY KUBES	£12.00
LOTRCOTT	COTTON NUT MILK BAG - LOVETREE -	£6.99
X400P	DEGRADABLE REFUSE SACKS (10) - SYMPHONY	£1.60
DISHBRUSH	DISH WASHING BRUSH C&D	£4.45
ECOFFEE1	ECOFFEE CUP 12OZ	£6.99
ECOFFEE	ECOFFEE CUP 14OZ	£7.99
ECOFFEE2	ECOFFEE CUP 16OZ	£8.99
ECOFFEE3	ECOFFEE CUP 8OZ	£5.99
ELEPHANTBOT	ELEPHANT BOTTLE 500ML - ELEPHANT BOX	£18.00
ELEPHANTBOTTLE	ELEPHANT BOTTLE 750ML - ELEPHANT BOX	£19.99
ELEPHANTHOT	ELEPHANT INSULATED BOTTLE - ELEPHANT BOX	£19.99

X333P	ESSENTIAL BAG	£3.50
C335P	FABRIC CONDITIONER REFIL100ML - BIO-D	£0.20
X535P	FACIAL TISSUE - GREENCANE	£1.65
X086P	FIRELIGHTERS - IF YOU CARE	£4.99
X153P	FIRELIGHTERS 28 CUBES- IF YOU CARE	£2.35
YCR100	FOOD WASTE BAGS COMPOSTABLE IF YOU CARE	£5.55
E918P	FREEZER BAGS LARGE	£1.40
X404P	FREEZER BAGS MEDIUM	£1.40
C672P	GLASS & MIRROR SPRAY 500ML - BIO-D	£2.99
T605P	HAND WASH ALOE + TEA TREE BULK - 100ML	£1.25
DSBAG1	HARVEST DRAWSTRING PRODUCE BAG LARGE	£2.40
DSBAG2	HARVEST DRAWSTRING PRODUCE BAG MEDIUM	£1.95
LOTRNMBH	HEMP NUT MILK BAG - LOVETREE -	£7.99
GROWTH	INSPIRATIONAL GROWTH GREETINGS CARDS	£2.80
HS550806	JASMINE INCENSE - HIMALAYA MAROMA	£3.99
X394P	KITCHEN TOWEL - TOGETHER GREEN	£1.67
X202P	LARGE BAKING CUPS - IF YOU CARE	£1.75
C694P	LAUNDRY BLEACH - BIO D	£2.09
C330P	LAUNDRY LIQUID REFIL100ML - BIO-D	£0.45
T610P	LAV + GER CONDITIONER BULK - 100ML	£1.29
C960P	LAVENDER ROOM SPRAY - WAFT	£5.89
ELEPHANTCAN	LEAKPROOF CANISTER - ELEPHANT BOX	£18.00
ELEPHANT	LEAKPROOF LUNCHBOX - ELEPHANT BOX	£29.00
C961P	LEMONGRASS ROOM SPRAY - WAFT	£5.85
X537P	LOOSE TOILET ROLL - SUGAR CANE	£0.80
MSHBAGS	MESH PRODUCE BAGS - I AM ECOIST	£15.00
LOTRNMBN	NYLON NUT MILK BAG - LOVETREE -	£6.99
S00140	ORANGE ALL PURPOSE CLEANER - SODASAN	£5.95
FL80024	ORGANIC HAND SANITISER - FLAYA	£12.99
YCR090	PAPER SNACK & SANDWICH BAGS- IF YOU CARE	£4.45
COOP	POSTCARD - COO GELLER	£1.00
COOPP	POSTCARD PACK - COO GELLER	£3.60
X224P	RECYCLED ALUMINUM FOIL-IF YOU CARE	£4.15
COOC	RECYCLED GREETINGS CARD - COO GELLER	£2.90
C907P	ROOT VEGETABLE SRUBBER - LOOFCO	£2.75
KUBE2	SHAMPOO & BODY WASH BEAUTY KUBES	£9.50
KUBE1	SHAMPOO BEAUTY KUBES	£9.50
T608P	SHAMPOO COCONUT BULK - 100ML	£1.20
T611P	SHAMPOO LAV + GER BULK - 100ML	£1.25
T609P	SHOWER GEL COCONUT BULK - 100ML	£1.25
T612P	SHOWER GEL LAV + GER BULK - 100ML	£1.00
X193P	SMALL VEGAN WRAP PACK - TVFWC	£12.99

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X203P	SPONGE CLOTHS- 100% NATURA - IF YOU CARE	£3.99
ELESPORK	SPORK AND CARRY POUCH - ELEPHANT BOX	£7.45
11010	SPROUT GERMINATOR LARGE- A.VOGEL	£16.49
X268P	SPROUTER GLASS GERMINATOR JAR- A.VOGEL	£9.65
4TUBS	STEEL CONTAINER SET - I AM ECOIST	£25.70
SSTRAWS	STEEL STRAWS - I AM ECOIST	£10.70
ELEPHANTBOX	THE ORIGINAL ELEPHANT BOX	£29.50
C981P	TOILET CLEANER 750ML - BIO - D	£2.45
X444P	TOILET TISSUE 4 PK - ESSENTIAL	£1.99
ELEPHANT2IN1	TWO-IN-ONE LUNCHBOX - ELEPHANT BOX	£28.00
X200P	UNBLEACHED PARCHMENT PAPER-IF YOU CARE	£4.65
C948P	WASHING POWDER (V) 2KG BIO-D	£8.45
C947P	WASHING POWDER (V) (1 KG) - BIO-D	£4.29
C912P	WASHING UP BRUSH - LOOFCO	£2.50
C925P	WASHING UP BRUSH W/ HANDLE - LOOFCO	£3.20
C732P	WASHING UP LIQUID 750ML - BIO - D	£2.25
C329P	WASHING UP REFIL 100ML - BIO-D	£0.25
C913P	WASHING-UP PAD - LOOFCO	£2.75
T626P	WILD ROSE BODY WASH BULK - 100ML	£1.10

MENU

MENU_BAGS	BAGS	£0.00
MENU_SNACKS	BINS SNACKS	£0.00
MENU_BODYCARE	BODYCARE	£0.00
MENU_BREAD	BREAD	£0.00
MENU_PULSES	BULK PULSES	£0.00
MENU_CBD	CBD	£0.00
MENU_CEREALS	CEREALS & MUESLI	£0.00
MENU_DAIRY	DAIRY FRIDGE	£0.00
MENU_DELISAV	DELI SAVOURY	£0.00
MENU_DELISWEE	DELI SWEET	£0.00
MENU_DRIEDFRUI	DRIED FRUIT	£0.00
MENU_EGGS	EGGS	£0.00
MENU_FRESHFRUI	FRESH FRUIT	£0.00
MENU_FRESHVEG	FRESH VEG	£0.00
MENU_FUEL	FUEL	£0.00
MENU_HANDMA	HANDMADE & LOCAL	£0.00
MENU_HEMPEN	HEMPEN	£0.00
MENU_HERBY4	HERBY4	£0.00
MENU_NUTS&SEE	NUTS & SEEDS	£0.00
MENU_CUSTOME	PROMO & CUSTOMER ORDERS	£0.00
MENU_REFILLS	REFILLS	£0.00

MENU_RICE&GRA	RICE & GRAINS	£0.00
MENU_TREEHARV	TREE HARVEST	£0.00
PREPACKS		
P015X	ADUKI BEANS (ORGANIC) - ESSENTIAL	£2.11
S015Z	ALFALFA SEEDS 125G -ORG- ESSENTIAL	£2.80
N021Z	ALMONDS BLANCHED ORG - ESSENTIAL	£3.29
N022Z	ALMONDS FLAKED ORG - ESSENTIAL	£3.14
F009Z	APPLE RINGS ORG - ESSENTIAL	£3.97
C025X	BARLEY FLAKES (ORG) - ESSENTIAL	£1.25
G070X	BARLEY GRAIN (ORG) - ESSENTIAL	£1.25
R080Y	BLACK RICE 250G (ORG) - ESSENTIAL	£2.07
P031X	BLACK TURTLE BEANS (ORG) - ESSENTIAL	£1.90
S080Z	BROCCOLI SEEDS ORG - ESSENTIAL	£2.80
P004X	BROWN LENTILS ORG - ESSENTIAL	£2.08
C040X	BUCKWHEAT FLAKES (ORG) - ESSENTIAL	£3.67
G091X	BUCKWHEAT ROASTED (ORG) - ESSENTIAL	£1.65
P250X	CANELLINI BEANS ORG - ESSENTIAL	£2.70
N027Z	CASHEWS WHOLE (ORG) - ESSENTIAL	£2.23
S005X	CHIA SEED 500G -ORG- ESSENTIAL	£3.85
P095W	CHICKPEAS ORG 1K - ESSENTIAL	£3.25
L006Z	CHOCOLATE DROPS (ORG) - ESSENTIAL	£2.80
C630X	COARSE SEA SALT - ESSENTIAL	£1.19
F628Y	COCOA POWDER 250G ESSENTIAL	£2.61
N023Z	COCONUT DESICCATED ORG - ESSENTIAL	£1.34
N028Z	COCONUT TOASTED CHIPS	£1.50
70072	CRACKED LINSEED - BIONA	£4.99
F162Z	CRYSTALISED GINGER - ORG	£1.65
F703X	FINE BRAN (ORG) - ESSENTIAL	£1.25
C629X	FINE SEA SALT - ESSENTIAL	£1.19
M660Z	FRUIT & NUT MIX	£2.13
M005X	GOURMET SEED MIX ORGANIC- ESSENTIAL	£3.96
P225X	GREEN SPLIT PEAS ORG - ESSENTIAL	£2.13
N024Y	GROUND ALMONDS (ORG) 250GM-ESSENTIAL	£5.85
P011X	HARICOT BEANS ORG - ESSENTIAL	£2.20
N220Z	HAZELNUTS ROASTED ORG - ESSENTIAL	£3.49
C095W	JUMBO OATS (ORG) 1KG - ESSENTIAL	£2.49
S060X	LINSEED BROWN (ORG) - ESSENTIAL	£1.60
H613C	LINSEED GOLD 1KG - ESSENTIAL	£3.78
R090X	LONG GRAIN WHITE RICE ORGANIC	£2.45
F766X	MED OATMEAL (ORG) - ESSENTIAL	£1.60
P754P	MEDJOUL DATES ZAYTOUN	£4.65

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G035X	MILLET (ORG) - ESSENTIAL	£1.86
C039X	MILLET FLAKES ORG - ESSENTIAL	£3.77
P165X	MUNG BEANS (ORG) - ESSENTIAL	£2.85
METTA1	NETTLE SALT - METTA	£6.99
G045X	OAT GROATS (ORG) - ESSENTIAL	£1.50
F861X	OATBRAN (ORG) - ESSENTIAL	£1.95
V057P	OYSTER MUSHROOMS - TROPICAL	£1.95
N350Z	PECANS 125G - ESSENTIAL	£2.76
N380Z	PINENUTS (ORG) - ESSENTIAL	£6.45
P175X	PINTO BEANS (ORG) - ESSENTIAL	£2.25
N375Z	PISTACHIOS-RAW KERNELS - ESSENTIAL	£3.90
G097X	POLENTA (ORG) - ESSENTIAL	£1.78
G085X	POPCORN 500G -ORG- ESSENTIAL	£2.09
V058P	PORCINI MUSHROOMS - TROPICAL	£3.10
METTA2	PORCINI SALT - METTA	£6.99
P005X	PUY / SPECKLED LENTILS ORG - ESSENTIAL	£2.93
C041X	QUINOA FLAKES ORG - ESSENTIAL	£5.02
G095X	RAW BUCKWHEAT (ORG) - ESSENTIAL	£1.92
N029Z	RAW COCONUT CHIPS	£1.30
P185X	RED KIDNEY BEANS 500G ORG - ESSENTIAL	£2.50
G082X	RED QUINOA 500G -ORG- ESSENTIAL	£2.23
P195X	RED SPLIT LENTILS 500G (ORG)	£2.25
C038X	RICE FLAKES ORG - ESSENTIAL	£3.35
C165X	RYE FLAKES (ORG) - ESSENTIAL	£1.40
90619	SEA SALT - MALDON	£2.49
M700Y	SEED & BEAN 3DAY SPROUT MIX - ESSENTIAL	£1.64
P025X	SEVEN BEAN MIX (ORG) - ESSENTIAL	£2.59
V059P	SHIITAKE MUSHROOMS - TROPICAL	£2.95
56002	SMOKED SEA SALT - MALDON	£2.20
F640X	SPELT GRAIN 500G (ORG) - ESSENTIAL	£1.80
P089X	SPICY DAHL MIX ESSENTIAL	£2.75
V294Z	SUN DRIED TOMATOES HALVES ORG - ESSENTIA	£1.70
F305Y	SUPER FRUIT MIX	£3.64
C214X	TOASTED WHEAT FLAKES ORG - ESSENTIAL	£2.09
M640Z	TRAIL MIX - ESSENTIAL	£2.02
V275Y	TVP (ORG) - ESSENTIAL	£2.65
V280X	TVP CHUNKS PLAIN - ESSENTIAL	£2.01
V283X	TVP MINCE COLOURED FLAKES - ESSENTIAL	£2.06
V282X	TVP MINCE FLAKES - ESSENTIAL	£2.08
G120X	WHEAT GRAIN (ORG) - ESSENTIAL	£1.00
F600X	WHEATGERM & BRAN (ORG) - ESSENTIAL	£1.45
R077W	WHITE BASMATI 1KG (ORG) - ESSENTIAL	£4.60

R081Z	WILD RICE ORG - ESSENTIAL	£2.82
P230X	YELLOW SPLIT PEAS (ORG) - ESSENTIAL	£1.60
SNACKS		
M372P	100% ABSOLUTE BLACK CHOC - ORG - MONTEZU	£2.59
M020P	100% RAW CACAO - ORG- OMBAR	£1.99
M473P	ACAI & BLUEBERRY CHOCOLATE - OM BAR	£1.99
M105P	ALMOND & SEA SALT TRUFFLES 69G - BOOJA	£3.99
B192P	ALMOND BISCOTTI BISCUITS-ORG-RHYTHM 108	£2.69
BE60P	ALMOND COOKIES - AGAISNT THE GRAIN	£2.95
M326P	ALMOND SALTED CARA 2 PACK (AMBI) - BOOJA	£1.25
M330P	ALMOND SALTED CARAMEL - BOOJA	£3.75
M406P	ALMOND SALTED CARAMEL GIFT BOX - BOOJA	£8.45
B058P	BANANA AND WALNUT CAKE - EVERFRESH	£3.30
M816P	BERRY DELIGHT BAR - NAKD	£0.71
B717P	BISCUITS GINGER - NAIRNS	£1.80
B626P	BISCUITS MIXED BERRIES - NAIRNS	£1.45
C324P	BLACK BEAN CORNITAS - RUDE HEALTH	£2.19
M930P	BLUEBERRY CRISP ACTIVE BAR - CLIF BAR	£1.69
M435P	BUTTERSCOTCH FUDGE - COTSWOLD	£3.15
M623P	CAPPUCCINO CHOCOLATE ORG - VIVANI	£2.45
BC08P	CAROB & HEMP SEED BAR ORIGINAL - 9 NINE	£0.85
SCC010	CAROB BAR ORIGINAL - 50G - SIESTA	£1.19
M608P	CASHEW VANILLA - NU+CAO	£2.45
D03	CHAI CARAMEL BAR - COCO CARAVAN	£2.99
M407P	CHAMPAGNE GIFT BOX - BOOJA	£8.45
DCHERRY	CHERRY + WALNUT MILK CHOCOLAT - DISCOVER	£1.99
M637P	CHEWING GUM W/ XYLITOL - PEPPERSMITH	£1.39
BG49P	CHILLI + LIME QUINOA CHIPS - EAT REAL	£1.67
B164P	CHOC CHIP MULTI PACK X4-ORG- DOVES FARM	£2.49
B184P	CHOCO COOKIES SHARING-ORG- RHYTHM 108	£2.69
CHOCBAR	CHOCOLATE BAR - CHOCBOX	£2.75
GBOX	CHOCOLATE BOX - CHOCBOX	£0.80
B092P	CHOCOLATE CAKE SPROUTED - EVERFRESH	£2.99
B850P	CHOCOLATE CHIP COOKIES (ORG) - DOVES	£2.19
BE58P	CHOCOLATE ORANGE - AGAISNT THE GRAIN	£2.99
X677P	CHORIZO SPACEBAR (ORG) - WHEATY	£1.25
M252P	COCO ALMOND CHOCOLATE 70G - OMBAR	£3.29
M459P	COCO MYLK BIO LIVE RAW CHOC -ORG- OMBAR	£1.99
M458P	COCO MYLK RAW CHOC BUTTONS -ORG- OMBAR	£1.49
MA73P	COCOA CHAOS ENERGY BAR - TREK	£1.25
M462P	COCONUT & VANILLA CENTRES -ORG- OMBAR	£1.99

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M478P	COCONUT PROBIOTIC CHOCOLATE - OMBAR	£1.99
M171P	COOL COLA BOTTLES - BIONA	£1.85
DRAS	CRANBERRY + RASPBERRY CHOCOLATE - DISCO	£1.99
BG51P	CREAM & CHIVES QUINOA CHIPS - EAT REAL	£0.65
BG53P	CREAMY DILL LENTIL CHIPS - EAT REAL	£0.65
M584P	CREAMY MARZIPAN DREAM - ORGANICA	£0.99
M933P	CRUNCHY PEANUT BUTTER - CLIF BAR	£1.69
M471P	DARK 72% PROBIOTIC CHOCOLATE - OMBAR	£1.99
M736P	DARK BLACK CHERRY CHOCOLATE ORG - VIVANI	£1.20
C05	DARK CHAI CHOCOLATE BAR - COCO CARAVAN	£3.99
M911P	DARK CHOC CHILLI & LIME - SEED & BEAN	£2.96
BC84P	DARK CHOC CHIP OAT BISCUITS - NAIRNS	£1.80
M909P	DARK CHOC CORNISH SEA SALT - SEED & BEAN	£2.95
M916P	DARK CHOC ESPRESSO ORG - SEED & BEAN	£2.95
BB35P	DARK CHOC W ORANGE & GINGER - DIVINE	£2.60
M287P	DARK CHOC WITH SALTED CARAMEL - PICO	£3.20
M327P	DARK CHOC W/RASPBERRIES 70% - DIVINE	£2.59
M249P	DARK CHOCOLATE 71% - EQ EX	£2.79
M060P	DARK CHOCOLATE BUTTONS - MONTEZUMAS	£3.95
M250P	DARK CHOCOLATE CARML & SEA SALT - EQ EX	£2.75
M492P	DARK CHOCOLATE HALVA - SUNITA	£1.95
M574P	DARK CHOCOLATE SMALL FT -ORG- DIVINE	£1.09
M908P	DARK COCNUT & RASPBERRY-ORG-SEED & BEAN	£2.96
M621P	DARK MARZIPAN AMARETTO - VIVANI	£2.65
M625P	DARK NOUGAT CHOCOLATE ORG - VIVANI	£2.65
BOXCAR	DARK PRALINES W/ SALTED CARAMEL	£5.99
A01	DATE & CARAMEL - COCO CARAVAN	£4.50
B040P	DIGESTIVES (ORG) - DOVES FARM	£1.19
B141P	DIGESTIVES 400G (ORG) - DOVES FARM	£1.99
B852P	DOUBLE CHOC CHIP COOKIES (ORG) - DOVES	£2.19
M600P	ESPRESSO CRUNCH - NU+CAO	£2.29
M759P	EXTRA STRONG MINTS - PEPPERSMITH	£1.59
DFIG	FIG + CASHEW DARK CHOCOLATE - DISCOVER	£1.99
M335P	FINE DE CHAMPAGNE - BOOJA	£3.75
M210P	FINE DE CHAMPAGNE CHOCOS 2 PACK - BOOJA	£1.25
M482P	FITZROY DARK CHOCOLATE - MONTEZUMAS	£2.59
M495P	FLAPJACK - RADEK	£2.21
M648P	FRESH MINTS- PEPPERSMITH	£1.59
B113P	FRUIT & OAT COOKIES TRAIDCRAFT	£2.15
M214P	FRUIT SNACK - MIXED FLAVOURS	£0.55
B064P	FRUITY OAT DIGESTIVES - DOVES FARM	£1.49
B298P	GF APPLE AND CINNAMON BISCUITS - NAIRNS	£1.90

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467464	GLUTEN FREE LIQUORICE BLACKS - 180G	£1.70
M507P	GOLDEN COCONUT IN DARK CHOCOLATE (ORG) -	£0.99
M487P	GRAPE JUICE SULTANA HALVA -ORG- SUNITA	£1.60
M401P	HALVA WITH COCONUT SYRUP -ORG- SUNITA	£1.75
M467P	HAPPY HIPPY ORANGE + GERANIUM - MONTEZU	£2.59
A02	HAZEL & CURNT CARAMEL - COCO CARAVAN	£4.50
M515P	HAZELNUT & NOUGAT CHOC BAR - ORGANICA	£0.99
LR420	HAZELNUT BUTTER CUPS - LOVE RAW	£1.99
M349P	HAZELNUT CRUNCH 2 PACK (AMBI) - BOOJA	£1.25
M410P	HAZELNUT CRUNCH GIFT BOX - BOOJA	£8.45
D11	HAZELNUT CURRANT DARK - COCO CARAVAN	£3.99
M371P	HAZELNUT M*LK CHOCOLATE - PICO	£2.75
M378P	HAZELNUT PRALINE - RHYTHM 108	£1.49
B767P	HAZELNUT WAFFLES -ORG- BIONA	£2.35
M337P	HONEYCOMB CARAMEL - BOOJA	£3.75
BOXRASP	I LOVE BERRY RASPBERRY WHITE CHOCBOX	£3.99
BOXBRIS	I LOVE BRISTOL DARK CHOC PRALINE CHOCBOX	£3.99
BOXWHITE	I LOVE YOU WHITECHOC COCONUT MINT	£3.99
M172P	JELLY DINOS - BIONA	£1.89
M235P	KOFFEE KAPOW - RAW CHOC COMPANY	£2.75
M094P	LATTE MACCHIATO PRALINE - VIVANI	£2.45
B185P	LEMON CHIA COOKIE SHARING-ORG-RHYTHM 108	£2.69
B694P	LEMON ZEST COOKIES (ORG) - DOVES	£1.50
BG44P	LG CHILLI & LEMON HUMMUS CHIP - EAT REAL	£1.67
M604P	MACADAMIA CHAI - NU+CAO	£2.45
B122P	MALT LOAF (ORG) - EVERFRESH	£1.85
M353P	MAPLE & PEANUT PROTEIN BAR - PULSIN	£1.34
B781P	MAPLE SYRUP WAFFLES -ORG- BIONA	£2.45
M425P	MARSHMALLOWS VEGAN STRAWBERRY - FREEDOM	£2.35
M397P	MARSHMALLOWS VEGAN VANILLA - FREEDOM	£2.35
M311P	MILD CACAO - QUEEN SATIVA	£5.49
M095P	MILK CARAMEL PINK SALT - VIVANI	£2.95
M575P	MILK CHOC CARAMEL SMALL - DIVINE	£1.09
M921P	MILK CHOC HAZELNUT & ALMOND -SEED & BEAN	£2.95
M626P	MILK CHOCOLATE ORG - VIVANI	£2.45
B107P	MIXED GIANT NUT BARS - MA BAKER	£0.69
CHOCMIX	MIXED TRUFFLES - CHOCBOX	£1.00
MOSI	MOCHA COFFEE CHOCOLATE - CHOCBOX	£0.75
MOCHA1	MOCHA LATTE BLONDE - COCO CARAVAN	£2.99
C07	MYLK - COCO CARAVAN	£3.99
M044P	NAKD BLUEBERRY MUFFIN	£0.89
M296P	NAKD COCOA ORANGE BAR	£0.89

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L341P	ORANGE CHOC CHIP PROTEIN BOOST - PULSIN	£1.75
BH79P	ORGANIC SEA SALT VEGGIE STRAWS- EAT REAL	£1.99
Z241P	ORIGINAL SWISS HERB DROPS BOX-RICOLA	£1.59
LR400	PEANUT BUTTER CUPS - LOVE RAW	£1.99
474106	PEANUT BUTTER PUFFS - CHEEKY MONKEY	£2.30
M181P	PEANUT CHOC CHIP RAW BAR - PULSIN	£0.75
MA76P	PEANUT POWER ENERGY BAR - TREK	£1.15
PESI	PEPPERMINT CHOCOLATE - CHOCBOX	£0.75
M266P	PEPPERMINT GUM - CHEWSY	£1.29
M174P	POMEGRANATE HEARTS - BIONA	£1.85
BH71P	QUINOA & KALE PUFFS - EAT REAL	£1.65
BG48P	QUINOA CREAM CHIVE - EAT REAL	£1.65
74904	QUINOA SWEET CHILLI CHIPS - EAT REAL	£1.89
B181P	QUINOA TOMATO GARLIC - EAT REAL	£1.67
M338P	RASBERRY CHOC TRUFFLES X6 - BOOJA	£4.95
M451P	RASPBERRY & COCONUT CENTRES -ORG- OMBAR	£1.99
M434P	RASPBERRY LICORICE - PANDA	£0.55
M173P	RAW BROWNIE SALTED CARAMEL - PULSIN	£0.99
Z465P	RAW CHOC ALMONDS - RAW CHOC CO	£4.99
Z464P	RAW CHOC ALMONDS SNACK- RAW CHOC CO	£1.49
Z446P	RAW CHOC GOJI SNACK- RAW CHOC CO	£1.49
Z441P	RAW CHOC MULBERRIES -ORG- RAW CHOC CO	£4.99
Z447P	RAW CHOC MULBERRIES SNACK - RAW CHOC CO	£1.49
M021P	RAW CHOC PISTACHIO CENTRES -ORG- OMBAR	£1.99
Z466P	RAW CHOC STEM GINGER -ORG- RAW CHOC CO	£5.85
X683P	REDHOTCHILIPEPPERS - WHEATY	£1.25
HOD210	ROASTED FAVA BEANS SEA SALT- HODMEDOD'S	£2.50
RWSI	ROASTED WALNUT CHOCOLATE - CHOCBOX	£0.75
BOXWAL	ROASTED WALNUT TRUFFLES - VEGAN	£5.99
B182P	RYE STEM GINGER CAKE(ORG) - EVERFRESH	£3.55
DALMOND	SALTED ALMOND + ROSEMARY DARK - DISCOVER	£1.99
551057	SALTED CARAMEL - KOOKIE CAT	£1.50
SALCA	SALTED CARAMEL BLONDE - COCO CARAVAN	£2.99
SCSI	SALTED CARAMEL CHOCOLATE - CHOCBOX	£0.75
LR410	SALTED CARAMEL CUPS - LOVE RAW	£1.99
M238P	SALTED VANOFFEE HAZELNUT- RAW CHOC CO	£2.79
BG45P	SEA SALT HUMMUS CHIP - EAT REAL	£1.65
BG52P	SEA SALT LENTIL CHIPS - EAT REAL	£0.65
M165P	SELECTION GIFT BOX - BOOJA	£9.99
M530P	SESAME SNAPS (SINGLE)- AGROS	£0.35
M531P	SESAME SNAPS (4 PK) - AGROS	£1.20
M677P	SESAME SNAPS CHOC 4 PACK - AGROS	£1.55

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M239P	SILKY COCONUT- RAW CHOC COMPANY	£1.99
DSMOOTH	SMOOTH MILK CHOCOLATE - DISCOVER	£1.99
M315P	SOFT BLACK LICORICE BAG - HAPPY REINDEER	£2.59
X685P	SPACE BEAR - WHEATY	£1.25
X678P	SPACEBAR HEMP (ORG) - WHEATY	£1.19
M267P	SPEARMINT GUM - CHEWSY	£1.29
M884P	SPELT PRETZELS - BIONA	£2.55
B114P	STEM GINGER COOKIE FT(ORG) - TRAIDCRAFT	£2.00
B147P	STEM GINGER COOKIES (ORG) - DOVES	£1.45
M317P	STRAWBERRY LICORICE BAG - HAPPY REINDEER	£2.59
M956P	SUPER NUT RICE CHOCOLATE -ORG- ICHOC	£2.39
M379P	SWEET N SALTY ALMOND - RHYTHM 108	£1.45
D01	SWEET ORANGE + CARAMEL - COCO CARAVAN	£2.99
B794P	TAMARI ROASTED ALMONDS - CLEARSPRING	£1.69
B934P	THIN SLICE RICE CAKES CHOC - KALLO	£2.39
M343P	TOFFEE STRUDEL - BOOJA	£3.75
CF050	TOMATO & BASIL HUMMUS CHIPS - COFRESH	£0.75
M220P	TORTILLA CHIPS NATURAL-ORG-75G- AMAIZIN	£1.25
M223P	TORTILLA CHIPS PAPRIKA-ORG-75G- AMAIZIN	£1.25
B157P	TRIPLE CHOC COOKIE - HONEYROSE	£2.89
43951	TRUFFLE BITES PEANUT BUTTER - MONTEZU	£3.99
M414P	TRUFFLE SELECTION GIFT BOX - BOOJA	£8.45
M869P	VANILLA + CHOC + ALMOND BOOSTER - PULSIN	£1.79
M240P	VANOFFEE- RAW CHOC COMPANY	£2.75
B275P	VEGAN CHOCOLATE MACAROONS	£1.95
M312P	VEGAN DELIGHT - QUEEN SATIVA	£4.99
X251P	VEGAN JERKY THAI PEANUT - PRIMAL	£1.59
M013P	VEGEBEARS FRUIT JELLIES - JUST WHOLEFOOD	£1.85
548481	VEGO - WHITE ALMOND	£2.25
M279P	VEGO BAR - LARGE	£3.75
M277P	VEGO BAR - MINI	£2.20
541626	VEGO CHOC SPREAD	£3.99
M293P	VEGO DARK NUTS & BERRIES	£2.82
M935P	WHITE CHOC & MACADAMIA - CLIF BAR	£1.69
M810P	WHITE NOUGAT CRISP RICE CHOC -ORG- ICHOC	£2.39
M808P	WHITE RICE CHOC NOUGAT CRISP - VIVANI	£1.20
M809P	WHITE RICE CHOCOLATE W/VANILLA - ICHOC	£2.35
M635P	ZARTBITTER MANDEL DARK ALMONDS - VIVANI	£2.65

SOYA PRODUCTS

S504P	ALMOND DRINK NO SUGAR (ORG) - ECOMIL	£3.49
S717P	ALMOND DRINK ORG - RUDE HEALTH	£2.49

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S123P	ALMOND M*LK 1L -ORG- PLENISH	£2.99
S115P	ALMOND MILK UNSWEET-ALMOND BREEZE	£1.75
S077P	ALMOND MILK UNSWEETENED - PROVAMEL - ORG	£2.55
65470	BARISTA HEMP MILK - GOOD HEMP	£2.65
S718P	BROWN RICE DRINK ORG - RUDE HEALTH	£2.00
S161P	CASHEW DRINK ORG - RUDE HEALTH	£3.00
S074P	COCONUT & RICE MILK- 1L-ORG -PROVAMEL	£2.05
S220P	COCONUT DRINK -ORG- RUDE HEALTH	£2.65
S110P	HAZELNUT CACAO DRINK - RUDE HEALTH - ORG	£3.45
S190P	HEMP MILK UNSWEETENED -ORG- SOJADE	£2.65
S130P	KOKO DAIRY FREE COCONUT MILK 1 L	£1.75
B509P	MASALA CHAI - MINOR FIG	£4.99
B501P	MINOR FIGURES - OAT BARISTA	£1.95
S420P	OAT BARISTA ORG - PROVAMEL	£1.75
B492P	OATLY (ORG)	£1.65
BA79P	OATLY BARISTA - FOAMABLE	£1.99
B495P	OATLY CHOCOLATE	£1.95
B494P	OATLY ENRICHED (BLUE)	£1.65
BA04P	PEA PROTEIN DRINK - SPROUD	£1.95
BA03P	PEA PROTEIN FOAMABLE BARISTA - SPROUD	£1.98
S016P	PROVAMEL CHOCOLATE SOYA DESSERT	£2.10
S416P	RICE & HAZELNUT MILK (ORG) - ISOLA BIO	£2.45
S005P	RICE DRINK (ORG) - 1LTR -PROVAMEL	£1.85
S189P	RICE DRINK WITH CALCIUM -ORG- SOJADE	£1.65
S015P	SOYA VANILLA POTS X 4 - PROVAMEL	£2.10
S565P	SOYA CARAMEL POTS - PROVAMEL	£2.05
S506P	SOYA CREAM - PROVAMEL	£0.91
S041P	SOYA MILK & CALCIUM -ORG- SOJADE	£1.67
B705P	SOYA MILK BONSOY	£3.15
S511P	SOYA MILK CALC SWEETENED-ORG- PROVAMEL	£2.00
S040P	SOYA MILK UNSWEETENED -ORG- SOJADE	£1.45
S042P	SOYA MILK VANILLA & CALCIUM -ORG- SOJADE	£1.85
S703P	TIGER NUT MILK - RUDE HEALTH - ORG	£2.99

SPREADS

V134P	APPLE AND BLUEBERRY PUREE (ORG) - CLEARS	£1.69
V135P	APPLE AND PLUM PUREE (ORG) - CLEARSRING	£1.69
J011P	APRICOT SPREAD (ORG) - MERIDIAN	£2.95
S311P	BEETROOT & HORSERADISH PATE - BONSAN	£2.65
J053P	BLACK CHERRY JAM NAS - ST DALFOUR	£2.37
J044P	BLACKBERRY SPREAD NAS - ST DALFOUR	£2.35
J015P	BLACKCURRANT SPREAD (ORG) - MERIDIAN	£2.99

J043P	BLACKCURRANT SPREAD NAS - ST DALFOUR	£2.35
S072P	CAROMEL CASHEW NUTCESSITY	£5.29
S317P	CASHEW & PEPPER PATE - BONSAN	£2.69
NUTC3	CASHEW BRAZIL & COCONUT -ORG- NUTCESSITY	£4.95
S099P	CASHEW BUTTER ORG - MERIDIAN	£4.95
CAJAM	CATKINS JAMS / MARMALADE	£3.85
S211P	CLASSIC PATE - TARTEX	£2.75
S140P	DARK CHOC SPREAD NO PALM OIL - ESSENTIAL	£3.39
S244P	DARK TAHINI - CYPRESSA	£3.10
S233P	DARK TAHINI ORG - ESSENTIAL	£4.55
S078P	DATE WALNUT NUTCESSITY	£5.29
S701P	ESSENTIAL YEAST EXTRACT	£3.95
J061P	FIG ROYALE SPREAD - ST DALFOUR	£2.35
J058P	FOUR FRUITS SPREAD NAS - ST DALFOUR	£2.35
S218P	FT PEANUT BUTTER CRU NS - EQUAL EXCHANGE	£2.95
S213P	GARLIC + HERB PATE - TARTEX	£2.75
S004P	GINGERBREAD ALMOND NUTCESSITY	£5.29
S150P	HAZELNUT CHOC SPREAD NO PALM - ESSENTIAL	£3.89
S279P	HEMPSEED BUTTER RAW ORG - CARLEYS	£5.00
97926	LEMON CURD - THURSDAY COTTAGE	£2.95
S242P	LIGHT TAHINI - CYPRESSA	£3.10
S231P	LIGHT TAHINI ORG - ESSENTIAL	£4.55
NUTC7	MAPLE PECAN NUTCESSITY	£4.95
J057P	MIRABELLE PLUM SPREAD - ST DALFOUR	£2.35
J019P	MORELLO CHERRY SPREAD (ORG) - MERIDIAN	£2.95
S212P	MUSHROOM PATE - TARTEX	£2.75
J059P	ORANGE AND GINGER SPREAD - ST DALFOUR	£2.39
J045P	PEAR AND APPLE FRUIT SPREAD - SUMA	£2.10
J217P	PEAR/APPLE SPREAD (ORG) - BIONA	£4.85
S164P	PNB CRUNCHY NO SALT - ESSENTIAL	£3.20
S166P	PNB CRUNCHY NO SALT 1KG - ESSENTIAL	£9.25
S119P	PNB CRUNCHY W/SALT - ESSENTIAL	£3.25
S088P	PNB CRUNCHY WITH SALT 1KG - ESSENTIAL	£9.25
S162P	PNB SMOOTH NO SALT - ESSENTIAL	£3.25
S167P	PNB SMOOTH NO SALT 1KG - ESSENTIAL	£9.25
S121P	PNB SMOOTH W/SALT - ESSENTIAL	£3.25
S083P	PNUT BTTER CRU 1KG NS -MERIDIAN	£6.99
S082P	PNUT BUTTER CRU 1KG WS - MERIDIAN	£7.75
S085P	PNUT BUTTER SMOOTH 1KG NS - MERIDIAN	£6.99
S084P	PNUT BUTTER SMOOTH 1KG WS - MERIDIAN	£6.95
J039P	RASPBERRY SPREAD NAS - ST DALFOUR	£2.35
J020P	RASPBERRY SPREAD ORG - MERIDIAN	£2.95

S313P	RAW ALMOND NUT BUTTER -ORG- CARLEYS	£6.35
S326P	RAW BLACK TAHINI - ORG - CARLEYS	£3.98
S284P	RAW BRAZIL NUT BUTTER -ORG- CARLEYS	£5.45
S334P	RAW DARK TAHINI - ORG - CARLEY'S	£2.89
S290P	RAW LIGHT TAHINI - CARLEY'S	£2.89
S714P	RAW SUNFLOWER SEED BUTTER -ORG- CARLEYS	£2.55
S264P	ROASTED PUMPKIN SEED BUTTER -ORG-CARLEYS	£3.49
BIO778	SALTED CARAMEL COCONUT BLISS -ORG- BIONA	£4.95
24791	SALTED DATE PEANUT BUTTER - YUMELLO	£2.95
J025P	SEVILLE ORANGE SPREAD (ORG) - MERIDIAN	£2.95
J027P	STRAWBERRY SPREAD (ORG) - MERIDIAN	£2.95
J038P	STRAWBERRY SPREAD NAS - ST DALFOUR	£2.35
S328P	TAHINI DARK - MERIDIAN ORGANIC	£2.99
S352P	TAHINI DARK 470G - MERIDIAN	£4.75
S327P	TAHINI LIGHT - MERIDIAN ORGANIC	£2.99
S351P	TAHINI LIGHT 470G - MERIDIAN	£4.75
J042P	THICK CUT ORANGE SPREAD - ST DALFOUR	£2.35
S319P	TOMATO & LUPIN PATE - BONSAN	£2.46
S336P	WALNUT BUTTER RAW ORG - CARLEYS	£3.65
S337P	WHITE BEAN & MUSTARD PATE - BONSAN	£2.89
J017P	WILD BLUEBERRY SPREAD -ORG- MERIDIAN	£2.95
S299P	YEAST EXTRACT REDUCED SALT - NATEX	£3.74
S702P	YEAST EXTRACT VITAM-R 250G - ESSENTIAL	£6.70
S713P	YEAST EXTRACT VITAM-R -ORG- ESSENTIAL	£9.95

STAPLES

FW22	ABSOLUTELY CHOCOLATE - ROLLA GRANOLA	£4.99
V621P	ADUKI BEANS IN WATER -ORG- BIONA	£1.15
HS464990	ALMOND CREAM ALTERNATIVE - ECOMIL	£1.95
BIO062	AMARANTH SUPERGRAIN -ORG - BIONA	£2.69
C658P	APPLE PECTIN - CERTO	£2.65
V587P	APPLE PUREE (ORG) (360G) - ESSENTIAL	£1.55
V588P	APPLE PUREE (ORG) (700G) - ESSENTIAL	£2.30
O188P	AVOCADO OIL 250ML -ORG-- CLEARSPRING	£7.55
FG06	AWESOME ALMOND - ROLLA GRANOLA	£4.99
V554P	BAKED BEANS - ESSENTIAL	£1.09
V602P	BAKED BEANS (ORG) - BIONA	£1.25
V205P	BAKED BEANS (ORG) - WHOLE EARTH	£1.20
V299P	BAKED BEANS WITH VEGAN SAUSAGES - SUMA	£2.05
L350P	BAKING POWDER 130G - DOVES FARM	£1.45
V128P	BANANA BLOSSOM IN BRINE	£2.20
V216P	BEAN CASSOULET ORG - FREE N EASY	£2.35

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C004X	BERRY CRUNCH 500G - ESSENTIAL	£4.97
L351P	BICARBONATE OF SODA GF 200G -DOVES FARM	£1.59
V566P	BLACK BEANS IN WATER (ORG) - ESSENTIAL	£1.00
V282P	BLACK BELUGA LENTILS -ORG- GEO	£1.85
V629P	BLACK CHICKPEAS -ORG- BIONA	£1.10
P736P	BLACK RICE NOODLES ORG- KING SOBA	£2.45
BIO544	BLACKEYE BEANS IN WATER -ORG- BIONA	£1.39
V561P	BORLOTTI BEANS (ORG) - ESSENTIAL	£1.00
V639P	BRITISH VAAL DHAL -ORG- HODMEDOD'S BEANS	£1.80
V013P	BRITISH CARLIN/BADGER PEAS -ORG HODMEDODS	£1.10
HOD120	BRITISH FAVA BEANS -ORG- HODMEDODS	£1.09
V302P	BROCCOLI & KALE SOUP- ORG-FREE & EASY	£1.75
F624P	BROWN BREAD FLOUR GLUTEN FREE - DOVES	£2.39
P502P	BROWN RICE FUSILLI- RIZOPIA	£3.95
CLS985	BROWN RICE GF BREADCRUMBS - CLEARSPRING	£4.29
P507P	BROWN RICE LASAGNE GF -ORG- RIZOPIA	£3.95
P724P	BROWN RICE NOODLES - SOBA	£2.35
P461P	BROWN RICE PENNE PASTA - DOVES	£2.95
P734P	BROWN RICE WAKAME NOODLES - KING SOBA	£2.35
BIO070	BROWN RISOTTO RICE - BIONA	£2.89
F515P	BUCKWHEAT FLOUR GF- DOVES FARM	£3.35
F011X	BUCKWHEAT FLOUR (ORG) - ESSENTIAL	£2.75
P722P	BUCKWHEAT NOODLES - SOBA	£2.45
83535	BUCKWHEAT PANCAKE MIX- ORGRAN	£2.99
V121P	BUCKWHEAT PANCAKE MIX- ORGRAN	£2.95
V601P	BUTTER BEANS TIN - BIONA	£1.12
V315P	BUTTERNUT SQUASH GNGER SOUP- FREE & EASY	£1.75
21029	BUTTERNUT, SWEET POT& TURM SOUP	£1.80
F0004	CALIFORNIA WALNUT - ROLLA GRANOLA	£4.99
V549P	CANNELLINI BEANS (ORG) ESSENTIAL	£1.00
V317P	CARROT & COCONUT SOUP (ORG) - FREE & EASY	£1.75
V009P	CASHEW NUT & CRANBERRY - ARTISAN	£2.70
P639P	CAVATAPPI (ORG) - LA TERRA	£2.15
P733P	CAVATAPPI SPELT - LA TERRA	£3.05
F616P	CHESTNUT FLOUR GF 350G -ORG- AMISA	£5.85
V303P	CHICK PEA & VEGETABLE CURRY (ORG/G/F)- F	£2.35
V217P	CHICK PEA AND BEAN TAGINE - FREE&EASY	£2.35
V550P	CHICK PEAS IN WATER (ORG) - ESSENTIAL	£1.00
AMS675	CHICKPEA FLOUR 400G -ORG- AMISA	£3.29
V541P	CHOPPED TINNED TOMATOES (ORG) - ESSENTIA	£1.09
495655	CHUNKY TOMATO SOUP - AMYS	£2.20
G300P	COCOA CRUNCH (ORGANIC) WHOLE EARTH	£2.95

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C692P	COCONUT AMINOS CHILLI - BIONA	£3.99
BIO762	COCONUT BLISS BUTTER - BIONA	£4.95
F033X	COCONUT FLOUR 500G -ORG- ESSENTIAL	£1.80
V568P	COCONUT MILK (ORG) - ESSENTIAL	£1.79
O214P	COCONUT OIL CUISINE - BIONA -610ML - ORG	£5.85
V700P	COCONUT OIL VIRGIN RAW 690ML (ORG) ESS	£8.99
V161P	COCONUT WHIPPING CREAM - AMAIZIN	£2.95
F0002	COOL RASPBERRY GRANOLA - ROLLA GRANOLA	£4.99
P426P	CORN & VEGETABLE SHELLS (GF) - ORGRAN	£1.99
F018X	CORN FLOUR SIFTED 500G -ORG- ESSENTIAL	£1.67
C215P	CORNFLAKES (ORG) - DOVES FARM	£2.75
V049P	COUNTRY VEG & CASHEW NUT ROAST- ARTISAN	£2.35
S610P	CUSTARD POWDER - JUST WHOLEFOODS	£1.25
V556P	DARK SPECKLED LENTIL TIN -ORG- ESSENTIAL	£1.10
C314P	DELIGHT GLUTEN FREE MUESLI ORG--ALARA	£3.29
V107P	EDAMAME GREEN SOYA BEANS- GEO	£2.05
FRL780	EGG REPLACER 135G - FREE & EASY	£2.29
EGGS	EGGS LARGE LOOSE FT - FAIR ASH	£0.20
XLEGG	EGGS XL FREE RANGE BOX (6)- FAIR ASH	£1.50
F0011	ENERGISE GRANOLA 350G - ROLLA GRANOLA	£4.99
V251P	FALAFEL MIX (ORG/V) - JUST WHOLEFOODS	£1.55
V268P	FALAFEL MIX GLUTEN FREE (ORG) - AMISA	£1.85
O221P	FLAXSEED OIL - BIONA	£6.49
DEGG	FREE RANGE DUCK EGGS 6 PACK	£2.19
V650P	FREE RANGE ORGANIC EGGS - HARESFIELD	£2.39
V558P	FRESH SWEETCORN KERNELS -ORG- ESSENTIAL	£1.65
VJUICE	FROZEN HEMP JUICE - 28 CUBES	£25.00
F639P	G/F RICE FLOUR - DOVES FARM	£1.85
544537	GF FUSILLI PASTA - LENSI	£2.20
420844	GF SPAGHETTI - LENSI	£2.45
O207P	GHEE - NETHEREND FARM 300ML	£8.59
V581P	GHERKINS - SOUR (ORG) LGE-ESSENTIAL	£3.45
C210P	GLUTEN FREE OATS - DOVES	£3.55
C139P	GLUTEN FREE ORGANIC OATS - ALARA	£3.95
F604P	GLUTEN FREE SELF RAISING	£2.25
C384P	GOJI & CRANBERRY GF MUESLI -ORG- ALARA	£4.99
F638P	GRAM FLOUR - DOVES FARM	£2.39
O210P	GRAPESEED OIL - MERIDIAN	£4.95
O148P	GREEK OLIVE OIL -ORG- 500ML- MANI BLAUDEL	£7.95
567376	GREEN BULLET CHILLI PASTE	£4.99
F0005	HEALTHY HAZELNUT - ROLLA GRANOLA	£4.99
O004P	HEMP OIL ORGANIC - CLEARSPRING	£5.99

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C118P	HEMP SEED DE-HULLED (ORG) 125 - YAOH	£3.75
HMPSDS	HEMP SEEDS 250G -ORG- VENUS	£2.40
CC01P	HONEY NUT GRANOLA - RUDE HEALTH	£4.95
V200P	HUMMUS MIX (ORG) - JUST WHOLEFOODS	£1.55
P740P	INST PUMPKIN/VEG MISO SOUP-ORG-KING SOBA	£3.00
P738P	INST TOFU/GINGER MISO SOUP-ORG-KING SOBA	£3.00
V576P	JAR BAKED BEANS (ORG) - ESSENTIAL	£1.69
X740P	KALE SAUERKRAUT UNPASTEURISED - MORGIEL	£3.59
F0007	KETO CAVEMAN - ROLLA GRANOLA	£4.99
S600P	LEMON JELLY CRYSTALS - JUST WHOLEFOODS	£1.30
C591P	LEMON JUICE -ORG- SUNITA	£3.50
V119P	LENTIL & PUMPKIN SOUP (ORG/V/GF) - ESSEN	£2.85
V323P	LENTIL & RED PEPPER SOUP - FREE & EASY	£1.65
V118P	LENTIL SOUP (ORG/V/GF) - ESSEN	£2.79
P463P	MAIZE & RICE FUSILLI GF PASTA - DOVES	£2.49
P464P	MAIZE & RICE PENNE GF PASTA - DOVES	£2.49
F753X	MAIZE FLOUR (ORG) - ESSENTIAL	£1.60
C213X	MALTED BRAN FLAKES ESSENTIAL	£2.74
F811P	MALTHOUSE FLOUR (ORG) - DOVES FARM	£1.59
V571P	MANGO CHUNKS IN JUICE (ORG) - ESSENT	£2.29
C411P	MAPLE FROSTED FLAKES ORGANIC - WHOLE EAR	£3.29
F0009	MAPLE PECAN GRANOLA - ROLLA GRANOLA	£4.99
G600X	MEDITERRANEAN COUS COUS MIX ESSENTIAL	£4.55
C243P	MESA SUNRISE CEREAL(ORG) - NATURE'S PATH	£4.20
RIF100	MEXICAN BEAN SOUP - R.I.F. COOP	£1.85
V320P	MID EAST CHICKPEA CASSEROLE - FREE&EASY	£2.35
P739P	MIGHTY MISO EDAMAME INSTANT SOUP - KING	£3.00
LW400	MILLED SPROUTED FLAXSEED -ORG- LINWOODS	£6.99
C288P	MILLET RICE FLAKES - ORG - NATURES PATH	£3.60
V151P	MINISTRONE SOUP -ORG- SUMA	£1.75
V553P	MIXED BEANS IN WATER (ORG) - ESSENTIAL	£1.09
G900X	MOROCCAN COUS COUS MIX ESSENTIAL	£2.98
V019X	NUT ROAST MIX - ESSENTIAL	£5.45
B581P	OATLY CREAM	£1.03
O140P	OLIVE OIL (PALESTINIAN) 500ML - ZAYTOUN	£12.99
O182P	OLIVE OIL 250ML ORGANIC - ZAYTOUN	£8.90
O180P	OLIVE OIL 750ML ORGANIC - ZAYTOUN	£20.70
O031P	OLIVE OIL ORG EXTRA VIRGIN CP - ESSENTIA	£5.69
O124P	OLIVE OIL UNREFINED 3LTR-HELLENIC	£20.99
O164P	OLIVE OIL X VIRGIN 500ML-ORG-CLEARSPRING	£8.80
C762P	ORANGE EXTRACT ORG - STEENBERGS	£5.00
V637P	ORG BRITISH SPLIT FAVA BEAN - HODMEDOD'S	£1.89

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ORGNUT	ORGANIC & NUTTY - ROLLA GRANOLA	£4.99
O149P	ORGANIC OLIVE OIL 500ML - ZAYTOUN	£14.48
C290P	O'S - ORG G/F - NATURES PATH	£3.39
V324P	PEA & MINT SOUP -ORG- FREE & EASY	£1.75
V114P	PEA SOUP ESSENTIAL	£2.85
GRO10E	PEARL BARLEY (UK) -ORG- QUEENSWOOD	£1.40
V540P	PEELED TOMATOES (ORG) - ESSENTIAL	£1.09
C775P	PEPPERMINT EXTRACT ORG 100ML - STEENBERG	£5.35
V582P	PICKLED GHERKINS SWEET/SOUR (ORG) (350G)	£2.99
V570P	PINEAPPLE CHUNKS IN JUICE (ORG) - ESSENT	£2.29
F812P	PLAIN FINE WHOLEMEAL FLOUR - DOVES FARM	£1.25
F827P	PLAIN WHITE FINEFLOUR - DOVES	£1.45
F636P	PLAIN WHITE FLOUR BLEND GF WF DOVES FARM	£2.19
C602P	POLENTA READY TO EAT (ORG) - SUNITA	£1.85
C135W	PORRIDGE OATS (ORG) 1KG - ESSENTIAL	£2.49
C204P	PRESERVED LEMONS 700G -ORG- CARLEYS	£5.35
C200P	PUFFED RICE CEREAL - KALLO	£2.99
P737P	PUMPKIN GINGER BROWN RICE NOODLES - KING	£2.30
B037P	QUICK YEAST - DOVES FARM	£1.09
F528X	QUINOA FLOUR 500G - ESSENTIAL	£4.60
O321P	RAPESEED OIL 500ML - COTSWOLD GOLD	£4.65
S601P	RASPBERRY JELLY CRYSTALS - JUST WHOLEFOO	£1.29
G302P	RED FRUIT CRUNCH -ORG- WHOLE EARTH	£3.55
V551P	RED KIDNEY BEANS IN WATER (ORG) - ESSENT	£1.09
P132P	RED LENTIL FUSILLI - PROFUSION	£3.65
R085Y	RED RICE - ORGANIC	£1.95
BFR220	RICE QUINOA SPAGHETTI (ORG) - 250G	£3.29
P500P	RICE SPAGHETTI ORG G/F RIZOPIA	£3.95
38312	ROASTED FAVA BEANS SALT&VIN- HODMEDODS	£2.28
C774P	ROSEWATER ORG - STEENBERGS	£3.75
V152P	RUSTIC VEGETABLE SOUP -ORG- SUMA	£1.75
F825P	RYE FLOUR WHOLEGRAIN ORG - DOVES FARM	£1.65
V585P	SAUERKRAUT (ORG) (680G) - ESSENTIAL	£2.20
V584P	SAUERKRAUT (ORG) SMALL - ESSENTIAL	£1.60
X737P	SAUERKRAUT UNPASTEURISED - MORGIEL	£2.69
V063X	SAUSAGE MIX - ESSENTIAL	£4.39
567362	SCOTCH BONNET CHILLI PASTE	£4.99
567369	SCOTCH BONNET GINGER CHILLI PASTE	£4.99
F828P	SELF RAISING WHITE FLOUR -ORG-DOVES FARM	£1.45
O035P	SESAME OIL ORG CP - ESSENTIAL	£6.15
V577P	SLICED BEETROOT (ORG) - ESSENTIAL	£1.40
F637P	SPELT FLOUR WHOLEGRA (ORG) - DOVES FARM	£3.09

P731P	SPELT PENNE - LA TERRA	£2.99
AMS052	SPELT PUFFS CEREAL -ORG- AMISA	£2.39
P560P	SPELT SPAGHETTI ORG - LA TERRA	£3.09
BIO756	SPELT TAGLIATELLE WHITE-ORG-BIONA	£2.09
78201	SPICY KIMCHI -ORG- BIONA	£4.19
V153P	SPICY LENTIL SOUP -ORG- SUMA	£1.75
P633P	SPINACH FUSILLI (ORG) - LA TERRA	£2.39
495697	SPLIT PEA SOUP - AMYS	£2.20
F148P	SPROUTED PORRIDGE OATS -ORG--RUDE HEALTH	£4.99
F815P	SR FINE WHOLEMEAL 1KG (ORG)-DOVES FARM	£1.39
RIF130	SRI LANK LENTIL & COCONUT SOUP - RIFCOOP	£1.85
F629P	STRONG WHITE BREAD FLOUR (GREEN)-DOVES	£1.95
F810P	STRONG WHLEMEAL BREAD FLOUR - DOVES FARM	£1.90
V060P	SUN DRIED TOMATO NUT ROAST - ARTISAN	£2.60
O150P	SUNFLOWER OIL - COMMUNITY	£2.79
O033P	SUNFLOWER OIL ORG CP - ESSENTIAL	£3.19
V318P	SWEET POT, COCONUT & KALE CURRY	£2.35
91529	SWEET POTATO & QUINOA SOUP LOW SALT	£1.80
P735P	SWEET POTATO BUCKWHEAT NOODLES - KING SO	£2.42
V325P	SWEET POTATO& CHIA SOUP-ORG- FREE & EASY	£1.65
V590P	SWEETCORN (ORG) - ESSENTIAL	£1.75
508497	TAPIOCA FLOUR - SUMA	£1.85
V053P	TEMPEH IN SPRING WATER - MARIGOLD	£2.95
P723P	THAI RICE NOODLES (ORG) - KING SOBA	£2.35
C715P	THE ULTIMATE MUESLI - RUDE HEALTH	£6.00
V304P	THREE BEAN CHILLI (ORG/G/F) - FREE& EASY	£2.35
V548P	TINNED CHERRY TOMATOES- ESSENTIAL	£1.39
O008P	TOASTED SESAME OIL 250ML-ORG CLEARSPRING	£4.35
F708X	TOASTED SOYA FLOUR ORG - ESS	£3.35
O010P	TOASTED WALNUT OIL-ORG-CLEARSPRING	£11.49
V150P	TOMATO & BASIL SOUP -ORG- SUMA	£1.74
V115P	TOMATO SOUP (ORG) IN JARS	£2.79
V326P	TOMATO SOUP -ORG - FREE & EASY	£1.75
V154P	TUSCAN BEAN SOUP -ORG- SUMA	£1.75
C714P	ULTIMATE GRANOLA -ORG--RUDE HEALTH	£5.99
C073P	VANILLA EXTRACT ORG 100ML - TAYLOR & COL	£9.20
H037P	VANILLA PODS - TAYLOR & COL	£9.80
V116P	VEG & TOMATO SOUP (ORG) (GF) (V)	£2.85
V055P	VEGAN TUNAH IN OIL - MARIGOLD	£2.95
V307P	VEGETABLE BALTI -ORG- FREE&EASY	£2.35
V310P	VEGETARION SUET GF - SUMA	£2.60
V113P	VEGGIE BURGER MIX GF (ORG) - AMISA	£2.05

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P617P	VERMICELLI ORG NOODLES - KING SOBA	£2.44
BIO634	VIRGIN COCONUT OIL - BIONA 200G	£5.15
V701P	VIRGIN COCONUT OIL 210ML - ORG - ESS	£3.49
BIO636	VIRGIN COCONUT OIL 400G - BIONA	£7.99
F001X	VITAL WHEAT GLUTEN FLOUR - ESSENTIAL	£5.20
P651P	W/WHEAT GNOCCHI (ORG) - LA TERRA	£1.99
S109P	WHIPPED VEGAN SPRAY CREAM - FOOD HEAVAN	£2.15
F626P	WHITE BREAD FLOUR BLEND GF WF DOVES FARM	£2.15
P903P	WHITE FUSILLI (ORG) - ESSENTIAL	£1.65
C699P	WHITE LASAGNE - BYODO	£2.15
P902P	WHITE PENNE - ESSENTIAL	£1.65
P901P	WHITE SPAGHETTI (ORG) - ESSENTIAL	£1.69
F632P	WHITE SPELT FLOUR - DOVES FARM	£3.59
P608P	WHITE TAGLIATELLE (ORG) - LA TERRA E	£3.00
P904P	WHITE TORTIGLIONI (ORG) - ESSENTIAL	£1.65
V201P	WHOLEMEAL BREADCRUMBS JUST WHOLEFOODS	£1.39
P443P	WHOLEMEAL SPAGHETTI W/ SEA VEG - ALGAMAR	£2.75
P907P	WHOLEWHEAT FUSSILLI (ORG) - ESSENTIAL TR	£1.75
C698P	WHOLEWHEAT LASAGNE - BYODO	£2.15
P581P	WHOLEWHEAT NOODLES - BLUE DRAGON	£1.70
P908P	WHOLEWHEAT PENNE - ESSENTIAL	£1.75
P906P	WHOLEWHEAT SPAGHETTI (ORG) - ESSENTIAL T	£1.75
L353P	XANTHAM GUM - DOVES	£3.15
B031P	YEAST - DRIED (LARGE) - DCL	£4.86
V580P	YOUNG JACKFRUIT (ORG) - ESSENT	£1.99
F0003	ZESTY CAVEMAN GRANOLA - ROLLA GRANOLA	£4.99

SUPER FOOD

H530P	CAROB POWDER - COTSWOLD HEALTH	£2.35
NRY090	CHLORELLA POWDER - NATURYA	£19.99
NINDER	CHOCOLATE GRINDER	£3.10
VPROT	HEMP PROTEIN POWDER 250G - VENUS	£7.95
OTM550	LETHICIN GRANULES - OPTIMA	£6.96
97512	MILLED LINSEED MIX - ALARA	£4.50
Z089P	PEA PROTEIN ISOLATE 250G - PULSIN	£8.99
RAWKIT	RAW CHOCOLATE MAKING KIT	£15.00
RAWALARA	RAW MILLED LINSEED - ALARA	£4.50

SWEETENERS

V377P	AGAVE SYRUP 250ML (ORG) - YAKSO	£3.99
V371P	AGAVE SYRUP 500ML ORG - YAKSO	£7.66
H160P	BARLEY MALT EXTRACT (ORG) - RAYNERS	£3.29
H161P	BLACK TREACLE (ORG) - RAYNERS	£2.39

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BRISHON	BRISTOL BLOSSOM RAW HONEY	£7.50
H020P	BRITISH BLOSSOM HONEY - HILLTOP HONEY	£6.65
H024P	BRITISH SOFT SET HONEY - HILLTOP HONEY	£4.95
BS77	BS7 HONEY - 227G	£4.45
BS78	BS7 HONEY - 454G	£6.99
H210P	CASTER SUGAR(ORGANIC)-BILLINGTONS	£2.29
H507P	CLEAR HONEY AND ROYAL JELLY - GFM	£5.75
92633	COCONUT NECTAR (ORG) - COCONUT MERCHANT	£5.50
BIO120	COCONUT PALM SUGAR 250G -ORG -BIONA	£2.99
74258	COMVITA 5+ - MANUKA HONEY	£13.99
H090P	COUNTRY BLOSSOM HONEY CLEAR - ESSENTIAL	£3.75
H091P	COUNTRY BLOSSOM HONEY SET - ESSENTIAL	£3.75
H174P	D AGAVE SYRUP (ORG) 250G - GEO ORGANICS	£3.05
H240P	DARK MUSCOVADO SUGAR - BILLINGTON	£1.81
H105P	DATE SYRUP - MERIDIAN	£2.99
H032P	DATE SYRUP SQUEEZY -ORG- BIONA	£3.55
H083P	DEMERARA SUGAR - BILLINGTONS	£1.65
550153	ERYTHRITOL GOLD - 500G	£8.95
550137	ERYTHRITOL GRANULATED - 1KG	£9.95
H208P	GOLDEN ICING SUGAR - BILLINGTON	£2.18
H158P	GOLDEN SYRUP (ORG) - RAYNERS	£3.49
SGHL	HONEY SOUTH GLOUCESTER LARGE 454G	£8.95
SGHS	HONEY SOUTH GLOUCESTER MEDIUM 227G	£6.20
SGHM	HONEY SOUTH GLOUCESTER SMALL 113G	£4.45
H510P	MANUKA HONEY NPA 10+ - GFM	£23.99
HH06P	MAPLE SYRUP - GRADE A DARK	£4.25
H141P	MAPLE SYRUP -ORG- MERIDAN	£6.99
H144P	MOLASSES BLACKSTRAP (ORG) - MERIDIAN	£1.99
H237X	NATURAL CANE SUGAR ORG - ESSENTIAL	£2.45
H180P	NATURAL SWEETENER MILD - SWEET FREEDOM	£3.55
H118P	ORGANIC CLEAR HONEY - ESSENTIAL	£4.69
H119P	ORGANIC SET HONEY - ESSENTIAL	£4.69
H203P	POMEGRANATE MOLASSES - ODYSEA	£3.55
STG110	PURE MAPLE BUTTER - ST LAWRENCE	£7.50
H250X	RAPADURA CANE SUGAR ORG - ESSENTIAL	£2.87
H046P	RAW PURE BLOSSOM HONEY	£5.65
H044P	RICE SYRUP SQUEEZY- ORG- BIONA	£3.39
SGMI	TINY CUTE POT OF HONEY	£1.55
H506P	VITACOMPLEX HONEY - GFM	£6.25

TREE HARVEST

TH167	ACAI POWDER	£105.95
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TH145	APRICOT KERNEL CULINARY OIL 100ML -TREE	£6.60
TH25	ASHWAGHANDA POWDER (ORG)	£40.70
TH156	BENTONITE CLAY	£13.75
TH154	BLADDERWRACK POWDER	£17.10
TH148	BLUEBERRIES DRIED (APPLE JUICE)	£26.50
TH18	CACAO BEANS RAW (ORG)	£19.60
TH106	CACAO BUTTER (ORG) 100G - TREE HARVEST	£3.45
TH108	CACAO BUTTER (ORG) 1KG - TREE HARVEST	£21.89
TH16	CACAO BUTTER (ORG) 500G - TREE HARVEST	£12.10
TH135	CACAO PASTE (ORG) 100G - TREE HARVEST	£3.20
TH116	CACAO PASTE (ORG) 500G - TREE HARVEST	£10.39
TH28	CAROB (RAW MEDITERRANEAN) POWDER	£24.95
TH17	CHAGA MUSHROOM POWDER	£86.60
TH117	CHERRIES SOUR ORG - TREE HARVEST	£33.95
TH21	COCONUT PALM SUGAR (ORG)	£11.75
TH147	CRANBERRIES DRIED (APPLE JUICE)	£13.30
TH161	DANDELION HERB - TREE HARVEST	£21.45
TH05	GREEN TEA SENCHA	£16.30
TH124	GUARANA SEED GROUND - TREE HARVEST	£38.85
TH29	HE SHOU WU (FO TI ROOT) GROUND (ORG)	£48.20
TH06	HIBISCUS FLOWERS CUT	£18.10
THOP	HOPS - TREE HARVEST	£44.90
TH26	IRISH MOSS	£68.55
TH19	KAFFIR LIME LEAVES	£64.75
TH23	LUCUMA FRUIT (ORG)	£29.20
TH114	MACA (ORG) 250G - TREE HARVEST	£6.10
TH150	MORINGA POWDER (ORG)	£42.85
TH153	MULBERRIES BLACK (ORG)	£27.95
TH160	MYRRH TINCTURE 250ML- TREE HARVEST	£11.25
TH04	NETTLE LEAF	£23.50
THBG	ORGANIC BARLEYGRASS- TREE HARVEST	£32.50
THWG	ORGANIC WHEATGRASS- TREE HARVEST	£32.50
TH168	RASPBERRY POWDER	£69.95
TH55	RAW CANE SUGAR	£4.25
TH27	REISHI MUSHROOM POWDER	£70.80
TH07	ROOIBOS TEA (ORG)	£27.05
TH149	SCHIZANDRA BERRY GROUND (ORG)	£55.59
TH141	SPIRULINA (ORG)	£40.10
TH162	STEVIA LEAF POWDER	£28.99
TH146	STRAWBERRY POWDER	£66.99

VEG

Prices are correct at time of printing but can change without notification

Price per unit or Kilo if Bulk

EX405	APPLES	£3.60
APRI	APRICOTS	£7.20
EX327	AUBERGINE	£7.90
EX340	AVOCADOS	£7.15
BANA	BANANAS	£2.10
BASI	BASIL	£2.15
EX313	BEETROOT PRECOOKED	£1.75
EX354	BEETROOTS	£2.95
BLUEB	BLUEBERRIES	£3.50
BBEANS	BROAD BEANS	£5.75
EX375	BROCCOLI	£5.75
BRUS	BRUSSEL SPROUTS - ORG	£3.99
EX299	BUTTERNUT SQUASH	£4.45
EX372	CABBAGE - WHITE	£3.25
EX330	CABBAGE - RED	£2.45
EX351	CABBAGE - SAVOY / OTHER	£2.25
EX385	CARROTS	£2.75
EX362	CAULIFLOWER	£2.45
EXCEL	CELERIAC	£4.30
EX374	CELERY	£2.95
EX345	CHARD	£2.15
CHER	CHERRIES	£14.30
CHILL	CHILLIES FRESH	£16.99
CLEMCAUL	CLEMENTINE CAULIFLOWER	£2.40
EX306	CLEMENTINES	£4.80
CORI	CORIANDER	£2.15
EX382	COURGETTES	£4.30
EX396	CUCUMBER	£2.15
EX343	FENNEL	£6.10
EX301	GARLIC	£9.99
EX379	GINGER	£14.50
GRAP	GRAPEFRUIT	£4.40
PUMP	HOKKAIDO PUMPKIN	£3.60
EX331	KALE - FOUR SEASONS - ALL VARIETIES	£2.60
EX384	KIWI FRUIT	£5.35
KOHL	KOHL RABI	£1.45
EX386	LEEKS	£4.80
EX368	LEMONS	£5.35
LETTU	LETTUCE	£1.95
EX325	LIMES	£8.75
MANG	MANGO	£2.65
EX361	MUSHROOMS	£10.55

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Price per unit or Kilo if Bulk

NECTA	NECTARINES	£8.15
NPOT	NEW POTATOES	£6.99
NIBLEY	NIBLEY LEAVES SALAD 100G	£1.90
EX310	ONIONS - RED	£3.15
EX381	ONIONS - WHITE	£3.20
EX356	ORANGES	£3.15
PARSL	PARSLEY	£2.15
PARS	PARSNIPS	£2.89
PEAC	PEACHES	£6.45
EX383	PEARS	£3.70
EX377	PEPPERS - MIXED	£5.99
PINE	PINEAPPLE	£3.10
EX093	POTATOES	£1.50
RASP	RASPBERRIES	£2.25
EX317	ROCKET	£2.15
SHOTS	SHALLOTS	£7.20
SPIN	SPINACH	£2.15
SPGR	SPRING GREENS - ORG	£2.15
EX231	SPRING ONIONS	£1.75
EX403	SQUASH MIXED RED/GREEN/CROWN/SPAG	£3.99
SWED	SWEDE - ORG	£2.90
EX346	SWEET POTATOES - ALL COLOURS	£4.20
CORN	SWEETCORN COB	£1.50
THYM	THYME	£2.15
EX352	TOMATOES	£5.75
EX999	TOMATOES CHERRY	£2.20
TURM	TURMERIC	£17.85
EX388	WATERCRESS	£2.59